**SM-JSM-USM-VSM STAFETT**

**Södertälje 9-10 september 2023**

**Sträcktider dag 1**

| **M 4x800m 2023-09-09** |  |
| --- | --- |
| 1 | Hälle IF1 - Olle Ahlberg 1:58.952 - Nils Bredin 1:56.473 - Benjamin Åberg 1:54.454 - Jonas Magnusson 1:52.89 |  | Hälle IF | 7:42.76 |  |  |  |  |
| 2 | Spårvägens FK1 - Abdelfath Yassin 1:56.552 - Daniel Gleimar 1:57.063 - Walid Oussalah 1:54.384 - Tobias Eknor 1:55.14 |  | Spårvägens FK | 7:43.13 |  |  |  |  |
| 3 | Turebergs FK1 - Albert Ziegler 2:02.492 - Kalab Alemsegek Tesfay 1:57.903 - Valter Kjellberg 1:59.084 - Habtom Asgede 1:49.88 |  | Turebergs FK | 7:49.35 |  |  |  |  |
| 4 | Hässelby SK1 - Samuel Berhane 2:03.362 - Erik Djurberg 1:56.503 - Emil Blomberg 1:59.774 - Yohannes Kiflay 1:53.80 |  | Hässelby SK | 7:53.43 |  |  |  |  |
|  |  |
|  | Turebergs FK1 - David Mattiasson 50.5m2 - Robin Isaksson 48.2m3 - Emil Johansson 46.63 |  | Turebergs FK | 2:25.35 |  |  |  |  |
| 2 | Västerås FK1 - Evan Laing2 - August Kallin3 - Mattias Waernulf 46.83 |  | Västerås FK | 2:25.55 |  |  |  |  |
| 3 | Hässelby SK1 - Jonatan Håkansson2 - Carl af Forselles3 - Gustav Gahne 47.94 |  | Hässelby SK | 2:28.22 |  |  |  |  |
| 4 | Örgryte IS1 - Albin Hagstedt2 - Jakob Zäll3 - Lukas Edqvist 54.60 |  | Örgryte IS | 2:35.37 |  |  |  |  |
| 5 | Huddinge AIS1 - Emil Klockar2 - Emil Sörqvist3 - Joakim Hellbratt 52.22 |  | Huddinge AIS | 2:37.18 |  |  |  |  |
| 6 | Malmö AI1 - Andreas Jönsson2 - Elias Hedner3 - Morgan Lindstedt 52.56 |  | Malmö AI | 2:37.56 |  |  |  |  |

| **P19 Stafett 1000m2023-09-09** |  |
| --- | --- |
| 1 | Danderyds SK1 - Edvin Sidwall2 - Viktor Skoglund3 - Lucas Törnström4 - Erik Skoglund 48.01 |  | Danderyds SK | 1:55.28 |  |  |  |  |
| 2 | Sundsvalls FI1 - Christof Neib2 - Henning Ehn3 - Simon Vikström4 - Leon Ölmerud Kjellman 48.62 |  | Sundsvalls FI | 1:57.73 |  |  |  |  |
| 3 | Malmö AI1 - Edvin Assarsson2 - Noah Karlberg3 - Melvin Vala Tefre4 - Marcus Asker 50.09 |  | Malmö AI | 1:58.19 |  |  |  |  |
| 4 | Upsala IF1 - Leo Ericson2 - David Axelsson3 - Joel Ekman4 - Josef Malsher 49.87 |  | Upsala IF | 2:01.81 |  |  |  |  |
| 5 | IFK Göteborg1 - Nils Brakander2 - Anthon Bokelund Singh3 - Tristan Heno4 - Robin Turan 50.20 |  | IFK Göteborg | 2:03.36 |  |  |  |  |
| 6 | Bromma IF1 - Vincent Lindqvist2 - Victor Johnson3 - Babu Badjie4 - Axel Strinning 51.93 |  | Bromma IF | 2:05.37 |  |  |  |  |
| **P17 Stafett 1000m Heat 12023-09-09** |  |
| 1 | Turebergs FK1 - Simon Lindström2 - Saviola Mbugua Waithira3 - Jakob Lennermark4 - John Bäck 50.88 |  | Turebergs FK | 2:01.22 |  | Q |  |  |
| 2 | Malmö AI1 - Emil Cimander2 - Eric Segnon3 - Ivano Bevanda4 - Finn Grindal 52.47 |  | Malmö AI | 2:01.78 |  | q |  |  |
| 3 | Upsala IF1 - Ishak Mekrami2 - Jonas Gällstedt3 - Ludvig Höglund4 - Andreas Linder 49.60 |  | Upsala IF | 2:03.98 |  | q |  |  |
| 4 | Hammarby IF Lag 21 - Hannes Johansson2 - Anton Roslund3 - Alfred Berglind4 - Neo Hall 50.65 |  | Hammarby IF | 2:04.15 |  | q |  |  |
| 5 | IFK Helsingborg1 - Linus Rosén2 - Jacob Rosberg3 - Tim Björk Schwabe4 - Gabriel Hanfler 53.68 |  | IFK Helsingborg | 2:06.88 |  | q |  |  |
| 6 | Sävedalens AIK1 - Erik Borg2 - Malte Svensson3 - Alfred Danerud4 - William Svensson 52.58 |  | Sävedalens AIK | 2:07.45 |  |  |  |  |
| 7 | Hammarby IF Lag 31 - Gabriel Öhrner2 - Tom Emfel3 - Anton Sallnäs4 - Erik Alteskog 52.36 |  | Hammarby IF | 2:17.75 |  |  |  |  |

| **P17 Stafett 1000m Heat 22023-09-09** |  |
| --- | --- |
| 1 | Hammarby IF1 - Aron Gullberg2 - Elias Kapell3 - Filip Herre4 - Vilmer Karlsson 52.75 |  | Hammarby IF | 2:02.29 |  | Q |  |  |
| 2 | KA2 IF1 - Nemo Nerg2 - Oliver Mostert3 - Ture Lindell4 - Akilles Teglbjaerg 51.42 |  | KA2 IF | 2:05.52 |  | q |  |  |
| 3 | Täby IS1 - Linus Mattsson2 - Jacob Norsell3 - Victor Johnsson4 - Erik Nederheim 51.16 |  | Täby IS | 2:06.36 |  | q |  |  |
| 4 | Mölndals AIK1 - Isak Roos2 - Oskar Andersson3 - Hugo Persson4 - Karl Aderstedt Althoff 52.74 |  | Mölndals AIK | 2:07.41 |  |  |  |  |
| 5 | IFK Växjö1 - Gustav Johansson2 - Liam Belo Da Silva3 - Kevin Nordin4 - Danilo Potaliko 52.58 |  | IFK Växjö | 2:07.63 |  |  |  |  |
| 6 | Boo IF1 - Ludwig Winnhed2 - Teodor Klerefors3 - Jakob Engdahl4 - Arvid Ahlstrand 55.82 |  | Boo IF | 2:12.11 |  |  |  |  |
| **P17 Stafett 1000m Final2023-09-09** |  |
| 1 | Hammarby IF1 - Aron Gullberg2 - Vilmer Karlsson3 - Elias Kapell4 - Filip Herre 48.90 |  | Hammarby IF | 1:58.22 | SB |  |  |  |
| 2 | Turebergs FK1 - Simon Lindström2 - Jakob Lennermark3 - John Bäck4 - Saviola Mbugua Waithira 48.13 |  | Turebergs FK | 2:00.93 | SB |  |  |  |
| 3 | Malmö AI1 - Eric Segnon2 - Emil Cimander3 - Ivano Bevanda4 - Finn Grindal 52.45 |  | Malmö AI | 2:01.09 | SB |  |  |  |
| 4 | KA2 IF1 - Nemo Nerg2 - Oliver Mostert3 - Ture Lindell4 - Akilles Teglbjaerg 50.58 |  | KA2 IF | 2:03.81 | SB |  |  |  |
| 5 | Upsala IF1 - Ishak Mekrami2 - Jonas Gällstedt3 - Ludvig Höglund4 - Andreas Linder 50.77 |  | Upsala IF | 2:05.42 |  |  |  |  |
| 6 | Täby IS1 - Linus Mattsson2 - Jacob Norsell3 - Victor Johnsson4 - Erik Nederheim 51.33 |  | Täby IS | 2:05.71 | SB |  |  |  |
| 7 | Hammarby IF Lag 21 - Hannes Johansson2 - Anton Roslund3 - Alfred Berglind4 - Neo Hall 52.21 |  | Hammarby IF | 2:06.99 |  |  |  |  |
| 8 | IFK Helsingborg1 - Linus Rosén2 - Jacob Rosberg3 - Tim Björk Schwabe4 - David Eriksson 54.88 |  | IFK Helsingborg | 2:10.10 |  |  |  |  |

| **K 4x800m2023-09-09** |  |
| --- | --- |
| 1 | Hälle IF1 - Ellen Schoug 2:18.322 - Hanna Strand 2:13.843 - Julia Svennblad 2:10.404 - Majken Söderlund Larsson 2:10.86 |  | Hälle IF | 8:53.42 |  |  |  |  |
| 2 | Hässelby SK1 - Linn Adolfsson 2:15.612 - Wilma Marcusson 2:17.033 - Hannah Kinane 2:11.784 - Caroline Högardh 2:11.41 |  | Hässelby SK | 8:55.83 |  |  |  |  |
| 3 | Mölndals AIK1 - Elin Hagelin 2:16.732 - Alma Svantesson 2:14.863 - Elsa Svantesson 2:20.834 - Wilma Ehrnborg 2:08.71 |  | Mölndals AIK | 9:01.13 |  |  |  |  |
| 4 | IFK Göteborg1 - Ebba-Stina Bjuve 2:19.952 - Agnes Thundal 2:20.643 - Madeleine Björlin-Delmar 2:11.724 - Saga Provci 2:09.60 |  | IFK Göteborg | 9:01.91 |  |  |  |  |
| 5 | IF Göta Karlstad1 - My Olsson 2:19.192 - Lova Perman 2:10.963 - Ella Laine 2:24.784 - Olivia Weslien 2:07.14 |  | IF Göta Karlstad | 9:02.07 |  |  |  |  |
| 6 | Täby IS1 - Greta Graziani 2:18.022 - Lovisa Linde 2:11.913 - Elsa Lennartsson 2:20.424 - Emilia Lillemo 2:13.40 |  | Täby IS | 9:03.75 |  |  |  |  |
| - | Spårvägens FK1 - Angelica Strandberg 2:18.882 - Johanna Bülow 2:14.293 - Josefin Heier 2:08.624 - Carmen Cernjul 2:08.58 |  | Spårvägens FK | DQ(8:50.37) |  |  |  | *F:4.1.6* |
| **K22 3x400m2023-09-09** |  |
| 1 | Hässelby SK1 - Julia Håkansson 59.292 - Johanna Pihl 59.883 - Jessica Holmberg 65.90 |  | Hässelby SK | 3:05.07 |  |  |  |  |
| 2 | Täby IS1 - Ottilia Alvarsson 62.162 - Hannah Stenbeck 64.583 - Elsa Lennartsson 62.40 |  | Täby IS | 3:09.14 |  |  |  |  |
| 3 | Göteborgs KIK1 - Johanna Sjögren 64.122 - Anna Constantinescu 66.973 - Moa Kilén 71.77 |  | Göteborgs KIK | 3:22.86 |  |  |  |  |

| **F19 Stafett 1000m2023-09-09** |  |
| --- | --- |
| 1 | IFK Växjö1 - Amanda Lennartsson2 - Emilia Franzén3 - Elin Joabsson4 - Elenie Carlsson 57.04 |  | IFK Växjö | 2:14.49 |  |  |  |  |
| 2 | Täby IS1 - Anja Lalander2 - Ebba Sjöström3 - Evelina Hamos4 - Lia Cederberg 57.38 |  | Täby IS | 2:18.68 |  |  |  |  |
| 3 | Örgryte IS1 - Ylva Magnusson Debray2 - Ellen Hansson3 - Ester Mägi Theorin4 - Elna Wester 55.63 |  | Örgryte IS | 2:18.99 |  |  |  |  |
| 4 | Turebergs FK1 - Emilia Nielsen2 - Alvah Lind3 - Lina Ånstad4 - Julia Meijer 60.14 |  | Turebergs FK | 2:22.44 |  |  |  |  |
| 5 | Malmö AI1 - Alice Andersson2 - Ella Wolff3 - Amanda Rönn4 - Emilia Mandl 58.86 |  | Malmö AI | 2:24.08 |  |  |  |  |
| 6 | Bromma IF1 - Matilda Halfwordson2 - Melina Lidberg3 - Ophelia Viirman4 - Mellanie Neudinger Nellmer 60.08 |  | Bromma IF | 2:25.25 |  |  |  |  |
| **F17 Stafett 1000m2023-09-09** |  |
| 1 | Hammarby IF1 - Maja Simonsson2 - Ella Johansson3 - Esther Sahlqvist4 - Matilda Borg 55.61 |  | Hammarby IF | 2:16.90 |  |  |  |  |
| 2 | Täby IS1 - Alice Helge2 - Eleonora Wahlin3 - Emilia Hermansson4 - Amanda Cederberg 59.08 |  | Täby IS | 2:21.86 |  |  |  |  |
| 3 | Turebergs FK1 - Annie Grindange2 - Kajsa Cabanas Andersson3 - Emmie Wedin4 - Alva Back 58.71 |  | Turebergs FK | 2:22.48 |  |  |  |  |
| 4 | Sävedalens AIK1 - Ebba Bränholm2 - Hilda Rydén3 - Linnea Johansson4 - Ella Pettersson 61.03 |  | Sävedalens AIK | 2:25.14 |  |  |  |  |
| 5 | Huddinge AIS1 - Julia Hansson2 - Elin Hjertzell3 - Clara Unnerud Wallhagen4 - Lisa Bäckdén 61.52 |  | Huddinge AIS | 2:27.36 |  |  |  |  |
| 6 | Västerås FK1 - Lilly Brusling2 - Filippa Engström3 - Lovisa Robson4 - Clara Jansson 62.86 |  | Västerås FK | 2:28.11 |  |  |  |  |
| 7 | Tullinge FI1 - Agnes Parmhed2 - Alicia Nordmark-Niska3 - Anastasia Rozhkova4 - Pritha Routh 67.34 |  | Tullinge FI | 2:37.07 |  |  |  |  |
| 8 | Tullinge FI Lag 21 - Ida Ekstrand2 - Mia Senaneuch3 - Edith Grimheden4 - Ester Jordélius 74.43 |  | Tullinge FI | 2:48.70 |  |  |  |  |

| **M50 4x400m** | **Se resultat och placeringar i K35** |
| --- | --- |
| **K35 4x400m2023-09-09** |  | **K35, M50** |
| 1 | Spårvägens FK1 - Christian Hermelin 65.172 - Mårten Skogman 56.173 - Mattias Sunneborn 53.574 - Henrik Tegnér 58.63 |  | Spårvägens FK | 3:53.54 |  |  | M50 1 |  |  |  |  |  |  |  |
| 2 | Spårvägens FK Lag 21 - Fredrik Björkegren 66.052 - Fredrik Lindgren 61.493 - Fredrik Nybäck 61.904 - Fredrik Eckerström 59.77 |  | Spårvägens FK | 4:09.21 |  |  | M50 2 |  |  |  |  |  |  |  |
| 3 | Turebergs FK1 - Bobbie Baars 62.212 - Roland Jonsson 71.893 - Anders Kristensson 75.794 - Hans Säll 61.92 |  | Turebergs FK | 4:31.81 |  |  | M50 3 |  |  |  |  |  |  |  |
| 4 | IFK Märsta1 - Ulrika Nyman Eriksson 79.632 - Karin Olovsson 78.713 - Carina Oderman 81.934 - Sofie Granholm 72.65 |  | IFK Märsta | 5:12.82 |  |  | K35 1 |  |  |  |  |  |  |  |