

# SWEDISH TEAM MEN

European  
Championships,  
Amsterdam,  
2016

MEDIA  
GUIDE



SWEDISH ATHLETICS

## Swedish Team Officials



**Team Manager**  
Karin Torneklint

### Team Coaches

Torbjörn Eriksson	Anders Palmqvist	Jörgen Becke	Björn Amb
Oscar Gidewall		Gustaf Hultgren	Anders Möller
Anders Axlid	Hans Källén	Ulf Friberg	Lorenzo Nezi
	Johan Wettergren		Jan Samuelsson

### Media

For information regarding press conferences and media inquiries please contact Fredrik Trahn, Media Manager [fredrik.trahn@friidrott.se](mailto:fredrik.trahn@friidrott.se), phone +46-70-913 67 96.

**Compiled by:** © A. Lennart Julin (ATFS)

(Valuable statistical sources compiled by Jonas Hedman, Bo Nordin, Bengt Holmberg and Owe Fröberg)

**Photo:** Deca Text&Bild, Ryno Quantz & Magnus Malmsborg

**Production:** Magnus Malmsborg

**Note:** The purpose of this guide is to be a source of background information for the media covering the 2016 World Indoor Championships. Thus individual pieces of information are of course free to use in articles and reports. However, the actual profiles must not be - wholly or partially - reprinted, published on Internet or entered into databases or similar electronic information systems.

KIM Oscar AMB

<b>Pronunciation</b>	KIM AHMMB		
<b>Born</b>	31 July 1990 (Solna)		
<b>Residence</b>	Bålsta		
<b>Occupation</b>	Accountant		
<b>Height/Weight</b>	180 cm / 85 kg		
<b>Clubs</b>	F Bålsta IK		
<b>Coach</b>	Björn Amb		
<b>Event</b>	Javelin Throw		
<b>Personal best</b>	84.61	Zagreb, CRO	3.9.2013
<b>2016 best</b>	82.67	Bellinzona, SUI	6.6.2016



Progression	800 g	700 g	600 g
2004			40.84
2005			46.52
2006		49.57	
2007	55.01	64.38	
2008	69.34		
2009	66.06		
2010	77.81		
2011	80.09		
2012	81.84		
2013	84.61		
2014	84.14		
2015	82.40		
2016	82.67		

Major competitions	Year	Competition	Result
	2008	World Junior Ch	qual
	2011	European U23 Ch	4
	2012	European Ch	7
		Olympic G	qual
	2013	World Ch	10
	2014	European Team Ch/Super L	5
		European Ch	qual
	2015	World Ch	11

**Internat. matches** Outdoors: 8

**National titles** Outdoors: '11, '12, '13, '15

**PB other event** PV 3.45 Göteborg 8.7.2006

**Athletics in family** Father *Björn* (b '61): JT: 62.60 '79 (old implement) ... Sister *Emilia* (b '92): JT: 49.34 '12

**Notes** In '10 set PB at NCh and in prestigious match vFIN, in '11 at European U23 Ch and at NCh ... In '13 and '14 top-6 in seven DL-appearances including win in Lausanne '13 and 2nd place in Shanghai '14 ... Hampered by a shoulder injury in late summer of '14 and early summer of '15 ... Returned to form in late July with 82.04 in Karlstad ... Current number of 80+ meets is 32 (1 in '11, 6 in '12, 13 in '13, 4 in '14, 5 in '15 and 3 so far in '16).

**Website** <http://kimamb.se/>

LEIF Hilding ARRHENIUS

<b>Pronunciation</b>	LAY-f Ah-REHN-yuhss		
<b>Born</b>	15 July 1986 (Provo, UT, USA)		
<b>Residence</b>	Springville, UT		
<b>Occupation</b>	Student		
<b>Height/Weight</b>	192 cm / 120 kg		
<b>Club</b>	Spårvägens FK		
<b>US university</b>	Brigham Young University ('05, '08-'11)		
<b>Coach</b>	Vesteinn Hafsteinsson		
<b>Event</b>	Shot Put		
<b>Personal bests</b>	20.50	Hässleholm	27.7.2013
<b>2016 best</b>	20.00	Bottnaryd	18.6.2016



<b>Progression</b>	<b>DT</b>	<b>SP</b>	<b>HT</b>
	2001	40.36	12.59
	2002	47.90	14.77
	2003	53.87	16.07
	2004	41.17	16.54
	2005	56.10	15.95/16.88i
	2006	-- on mission (in Taiwan) --	
	2007	55.80	14.52
	2008	63.12	17.56
	2009	57.61	16.61/18.35i
	2010	61.92	18.86/18.98i
	2011	64.46	19.37/19.92i
	2012	62.78	20.03
	2013	62.85	20.50
	2014	61.19	19.98
	2015	60.36	20.21
	2016	62.50	20.00
<b>Major competitions</b>	2011	World Ch	qual (DT)
	2012	European Ch	qual (SP)
			qual (DT)
	2013	European Indoor Ch	qual (SP)
		World Ch	qual (SP)
	2014	European Team Ch/Super L	5 (SP)
		European Ch	qual (SP)
	2015	European Indoor Ch	qual (SP)
<b>Internat. matches</b>	Outdoors: 6		
	Indoors: 4		
<b>National titles</b>	Outdoors (DT): '08		
	(SP): '12, '13, '14		
	Indoors (SP): '13, '15, '16		
<b>PB other events</b>	DT	64.46	Växjö 3.8.2011
	HT	63.62	Provo, UT 17.9.2014
	JT	51.68	Provo, UT 7.9.2012
	WT (35 lb) i	21.56	Fayetteville, AR 13.3.2010

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**Athletics in family**    Father *Anders* (b '47): SP/DT: 19.92 '78/52.71 '73 ... Brother *Daniel* (b '78): SP/DT: 17.99/56.32 '03 ... Sister *Annika* (b '80): DT: 39.40 '00 ... Brother *Niklas* (b '82): SP/DT: 19.79 '11/19.91i '04/66.22 '11

**Notes**    Permanent resident of Utah since birth, but has retained the Swedish citizenship of his father, who was on Swedish national team as a shot putter in 1970's (four times national champion) ... Improved Shot Put PB by 94 cm to 19.92 to win the '11 NCAA Indoor title ... Concluded collegiate career with 2nd places in both SP & DT at the '11 NCAA Outdoor Champs ... After previously being a Discus Thrower that also did the SP switched priorities in '12 ... At '12 Swedish Championships became first in family to reach 20 meters ... Current number of 20+ meets is 13 (4 indoors, 9 outdoors) ... Very close to reaching finals in '12 European Ch (missing by 1 place / 15 cm), '13 European Indoor Ch (missing by 2 places / 12 cm) and '13 World Ch (missing by 2 places / 23 cm).



NIKLAS Bo ARRHENIUS

<b>Pronunciation</b>	NICK-luss Ah-REHN-yuhss		
<b>Born</b>	10 September 1982 (Provo, UT, USA)		
<b>Residence</b>	Provo, UT		
<b>Occupation</b>	Coach (at Brigham Young University)		
<b>Height/Weight</b>	192 cm / 125 kg		
<b>Club</b>	Spårvägens FK		
<b>US university</b>	Brigham Young University ('04-'07)		
<b>Coach</b>	Vesteinn Hafsteinsson		
<b>Event</b>	Discus Throw		
<b>Personal best</b>	66.22	Helsingborg	8.8.2011
<b>2016 best</b>	64.83	Spanish Fork, UT	20.5.2016



Progression	DT	SP	HT
1999	51.03	14.55	41.39
2000	59.19	-	-
2001	59.13	17.01	45.50
2002	-- on mission --		
2003	59.82	17.60	53.63
2004	63.62	18.88/19.91i	52.74
2005	60.33	17.18/18.58i	-
2006	63.47	18.07	52.92
2007	65.77	17.35/19.22i	50.30
2008	63.74	17.98	-
2009	65.42	17.87/17.90i	-
2010	63.87	19.75	53.62
2011	66.22	19.79	52.25
2012	64.69	19.43/19.74i	50.89
2013	64.46	19.57/19.77i	53.27
2014	62.83	19.39	53.70
2015	63.85	18.89	50.92
2016	64.83		

Major competitions		
2000	World Junior Ch	2 (DT)
2001	European Junior Ch	4 (DT)
2006	European Ch	qual (DT)
2007	World Ch	qual (DT)
2008	Olympic G	qual (DT)
2010	European Ch	qual (DT)
		qual (SP)
2011	European Indoor Ch	qual (SP)
	European Team Ch/Super L	7 (DT)
		9 (SP)
	World Ch	qual (DT)
2012	European Ch	qual (DT)
2013	European Indoors Ch	8 (SP)
	World Ch	qual (DT)
2014	European Ch	qual (DT)

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<b>Internat. matches</b>	Outdoors:	15		
<b>National titles:</b>	Outdoors (SP):	'09, '10, '11		
	(DT):	'04, '06, '07, '10, '11, '12, '13		
	Indoors (SP):	'10, '11, '12, '14		
<b>PB other events</b>	SP	19.79	Göteborg	11.6.2011
		i 19.91	Air Force Academy, CO	28.2.2004
	HT	53.70	Provo, UT	3.9.2014
	JT	51.81	Orem, UT	4.10.2003
	WT (35 lb) i	18.73	Provo, UT	16.1.2004
<b>Athletics in family</b>	Father <i>Anders</i> (b '47) SP/DT: 19.92/52.71 '78/73 ... Brother <i>Daniel</i> (b '78): SP/DT: 17.99/56.32 '03 ... Sister <i>Annika</i> (b '80): DT: 39.40 '00 ... Brother <i>Leif</i> (b '86): SP/DT: 20.50/64.46 '13/'11 ... Wife <i>Tiffany</i> ( <i>Rasmussen</i> , b' 84): JT: 48.88 '06			
<b>Notes</b>	Permanent resident of Utah since birth, but has retained the Swedish citizenship of his father, who was on Swedish national team as a shot putter in 1970's (four times national champion) ... Big breakthrough at age 18 in '00 improving 8+ meters and taking an unexpected silver at World Juniors with a new PB ... On 14 April '01 at the Arcadia Invitational improved the US High School record with the 1.61 kg implement by almost three meters throwing 71.40. (The record was surpassed in '09 by 68 cm.) ... Concluded collegiate career in '07 by becoming the NCAA champion ... This year has had his best season since '11 with eight meets at 62+.			





KALLE Anders BERGLUND

<b>Pronunciation</b>	CULL-eh BAIJR-luhnd	
<b>Born</b>	11 March 1996 (Karlskrona)	
<b>Residence</b>	Jämshög	
<b>Occupation</b>	Administration assistant	
<b>Height/Weight</b>	179 cm / 63 kg	
<b>Club</b>	UF Contact (-'13), Spårvägens FK ('14-)	
<b>Coach/Advisor</b>	Jan Bengtsson	
<b>Event</b>	800m	
<b>Personal best</b>	1:46.85 Cheboksary, RUS	21.6.2015
<b>2016 best</b>	1:47.16 Namur, BEL	25.5.2016



Progression	800m	1500m	400m
2010	2:10.57	-	61.78
2011	2:09.33	4:31.62	-
2012	1:58.39	4:23.85i	50.26
2013	1:53.34	4:04.15	49.72
2014	1:47.31	3:50.22	49.11
2015	1:46.85	3:41.92	48.20
2016	1:47.16	3:41.00	
<b>Major competitions</b>	<b>2014 World Junior Ch</b>	<b>7</b>	
<b>2015</b>	<b>European Team Ch/Super L</b>	<b>6</b>	
	<b>European Junior Ch</b>	<b>4</b>	
	<b>European Junior XC Ch</b>	<b>45</b>	
<b>Internat. matches</b>	Outdoors: 2		
	Indoors: 1		
<b>National titles:</b>	Outdoors (1500m): '15		
<b>PB other events</b>	60m i 7.58 Växjö		20.12.2012
	100m w 11.58 Olofström		3.6.2012
	200m w? 23.34 Karlshamn		24.6.2013
	400m 48.20 Leppävaara, FIN		29.8.2015
	1000m 2:20.63 Göteborg		5.9.2015 **NJR**
	1500m 3:41.00 Palo Alto, CA		1.5.2016

**Notes** Former icehockey player who took up running just for conditioning purposes ... At age 17 switched priority to running ... Major breakthrough at 18 lowering 800m PB by a total of 6 seconds and reaching the '15 World Juniors final ... In '15 set NJR's at both 1000m and 1500m (3:41.92) ... Thrives on the head-to-head competitive aspect of running ... In '16 has his top-3 800m races crammed between 1:47.16 and 1:47.20 - and his top-6 within 0.84!



Karl EMIL Arne BLOMBERG

**Pronunciation** EH-mill BLOOMM-bairj  
**Born** 9 April 1992 (Järfälla)  
**Residence** Sundbyberg  
**Occupation** Student (physics)  
**Height/Weight** 190 cm / 71 kg  
**Club** IF Triangeln (-'07), Hässelby SK ('08-)  
**US university** University of Texas at Arlington ('11-'15)  
**Coach** Patrik Tjårdal  
**Event** 3000m Steeplechase  
**Personal best** 8:36.45 Rehlingen, GER 16.5.2016



Progression		3000mSt	2000mSt	800m	1500m	3000m	5000m
	2008	-	6:30.58	2:09.31	4:20.17	9:58.07	-
	2009	-	6:13.71	2:00.42	4:10.48	-	-
	2010	-	5:53.78	1:55.71	3:56.61	-	-
	2011	9:03.97	6:12.03	1:54.78	4:00.68	8:50.28i	15:26.44
	2012	9:02.17	5:51.36	1:53.64i	3:51.62	8:45.19	15:23.60
	2013	8:51.36	6:00.14	-	3:57.44	9:01.94i	14:57.26
	2014	8:44.78	-	-	3:51.30	8:12.31i	14:45.80i
	2015	8:36.98	-	1:52.17i	3:49.95	-	-
	2016	8:36.45	-	1:52.40i	-	8:13.68i	-

**Major competitions** 2011 European Junior Ch final (dnf)  
 2013 European U23 Ch heat

**Internat. matches** Outdoors: 2  
 Indoors: 1

**National titles:** -

**PB other events**

400m	51.60	Nässjö	16.8.2011
800m	1:54.78	Sollentuna	21.5.2011
	i 1:52.17	Birmingham, AL	23.2.2015
1500m	3:49.95	Oslo, NOR	29.8.2015
1 mile	4:19.41	Huddinge	29.6.2012
	j 4:05.82	Ames, IA	14.2.2015
3000m	i 8:12.31	Birmingham, AL	24.2.2014
5000m	14:57.26	Arlington, TX	23.3.2013
	i 14:45.80	Birmingham, AL	25.2.2014
2000mSt	5:51.36	Sollentuna	12.8.2012
300mH	41.43	Västerås	12.9.2010

**Athletics in family** Father *Christer* (b '59): 800m/1500m: 1:52.84/3:55.46 '83/'84 ... Maternal grandfather *Arne (Pettersson, b '30)*: 400m: 49.3m '53.

MIKAEL Arne Pierre EKVALL

<b>Pronunciation</b>	MEE-kah-ell EHK-vahlh
<b>Born</b>	18 June 1989 (Bäve, Uddevalla)
<b>Residence</b>	Västra Frölunda
<b>Occupation</b>	Athlete
<b>Height/Weight</b>	182 cm / 63 kg
<b>Club</b>	Strömstad LK
<b>Coach</b>	Mats Erixon & Nic Bideau
<b>Event</b>	Half marathon
<b>Personal best</b>	1:02:29 København, DEN 29.3.2014
<b>2016 best</b>	1:05:01 Göteborg 21.5.2016



Progression		10000m	5000m	3000m	Halfmar	Marathon
	2005			9:09.03		
	2006	33:16.92		9:05.63		
	2007		15:03.91	8:51.51	1:11:04	2:34:05
	2008	30:16.09	14:48.60	8:30.31	1:09:43	
	2009	29:51.82	14:29.62	8:24.25	1:07:08	
	2010		14:16.86	8:22.78		
	2011	29:12.55	14:11.15	8:25.76i		
	2012	29:49.34	14:12.93		1:04:14	
	2013	28:55.87	13:52.22	8:13.04	1:06:09	
	2014	28:48.01	13:51.70	8:16.70	1:02:29	
	2015	28:31.65	13:55.20	8:07.94	1:05:08	2:12:07
	2016	28:48.22	14:17.8m		1:05:01	
Major competitions	2008	World Junior Ch			15	(10000m)
	2008	European Junior XC Ch			48	(6 km)
	2009	European U23 Ch			6	(10000m)
	2010	European U23 XC Ch			38	(8 km)
	2011	European U23 Ch			9	(10000m)
	2014	World Halfmar Ch			40	(Halfmar)
		European Team Ch/Super L			9	(5000m)
		European Ch			16	(10000m)
		European XC Ch			26	(10.0 km)
	2015	European Team Ch/Super L			6	(5000m)
<b>Internat. matches</b>	Outdoors: 7					
<b>National titles:</b>	Outdoors (halfmarathon): '13					
	(12 km XC):'13					
<b>PB other events</b>	1500m	3:51.82	Göteborg			13.6.2014
	3000m	8:07.94	Göteborg			12.6.2015
	5000m	13:51.70	Oordegem, NED			31.5.2014
	Marathon	2:12:07	Frankfurt, GER			25.10.2015
	2000mSt	5:55.79	Karlskrona			16.8.2009

**Notes** As a junior had most success in cross-country but occasional exploits into longer distances –e.g a 2:34 marathon and a 1:09 half marathon before turning 19 - indicated that the road probably would be his long-term future ... Chose, however, to first work on developing speed on the track ... Set NR at '14 World Half marathon Championships ... "Real" marathon début in Frankfurt '15 ended in 11th place with 2:12:07 after exceptionally even halves (1:06:03/1:06:04) .. Has in recent years been winter training in Australia with Nic Bideau's group.

ELMAR Björn Love ENGHOLM

**Pronunciation** ELL-mahrr ENG-hollm  
**Born** 2 October 1992 (Sundbyberg)  
**Residence** Hässelby (Stockholm) & Albuquerque, NM  
**Occupation** Student (Economics & Statistics)  
**Height/Weight** 178 cm / 62 kg  
**Club** Hässelby SK  
**US university** University of New Mexico ('12-'16)  
**Coach** Joe Franklin/James Butler & Johan Engholm  
**Event** 3000m Steeplechase  
**Personal best** 8:37.44 Eugene, OR 8.6.2016



Progression		3000mSt	2000mSt	800m	1500m	3000m	5000m
	2007	-	-	2:04.36	4:34.74	-	-
	2008	-	6:17.57	2:01.06	4:10.02	9:10.52	-
	2009	-	-	1:57.1m	4:06.53	8:55.41	-
	2010	-	5:59.99	1:53.21	3:50.38	8:45.82	-
	2011	9:05.69	-	1:50.30	3:45.60	8:46.17	-
	2012	9:01.16	-	1:49.69	3:44.33	8:37.29	-
	2013	8:49.66	-	1:53.34	3:45.43	-	15:16.52
	2014	8:50.26	-	1:50.36	3:45.60	8:34.40	15:41.50
	2015	8:46.49	-	1:50.48	3:42.10	-	14:31.72
	2016	8:37.44	-	1:50.03i	3:42.65	-	-

Major competitions			
	2010	European Junior XC Ch	57 (6.1 km)
	2011	European Junior Ch	heat (1500m)
	2013	European U23 Ch	heat (1500m)
	2014	European Team Ch/Super L	12 (3000m)
		European U23 XC Ch	6 (7.8 km)
	2015	European Team Ch/Super L	10 (1500m)
		European XC Ch	41 (10.1 km)

**Internat. matches** Outdoors: 2  
 National titles: -

PB other events			
	400m	i 51.35	Sätra 11.2.2012
	800m	1:49.69	Stockholm 9.6.2012
	1500m	3:42.10	Portland, OR 14.6.2015
	1 mile	i 4:00.79	Fayetteville, AR 13.3.2015 ***NIR**
	2000m	5:19.57	Huddinge 9.9.2011
	3000m	8:34.40	Barunschweig, GER 22.6.2014
	5000m	14:31.72	Söderhamn 9.8.2015
	2000mSt	5:59.99	Gävle 16.7.2010

**Athletics in family** Father *Johan* (b '62): 800m/1500m: 1:50.53/3:39.31 '85/'87, 5000m/10000m: 13:59.13/29:43.45 '89/'91, 3000m/3000mSt: 8:01.74/9:03.83 '90/'88, Mar 2:19:42 '91 ...  
 Mother *Cecilia* (*Lindvall*, '63): 400m/800m: 59.41/2:16.8m '86/'87.

**Notes** Has always had middle distance focus and previously run steeplechase races sparingly ... This spring made a more concerted effort and quickly lowered PB by a total of almost nine seconds ... However, always indicated endurance potential as a cross-country runner ... In autumn '14 with 6th place individually lead Swedish team to European U23 bronze medal and was the No 2 runner on the New Mexico team finishing 14th in the prestigious NCAA championships ... At '15 NCAA Indoor Championships broke the NIR for 1 mile, a record that had stood for over 47 years!

Karl AXEL HÄRSTEDT

<b>Pronunciation</b>	AHCK-sell HAIR-stehtt		
<b>Born</b>	28 February 1987 (Täby)		
<b>Residence</b>	Malmö		
<b>Occupation</b>	Athlete		
<b>Height/Weight</b>	197 cm / 130 kg		
<b>Club</b>	IK Finish (-'07), Malmö AI ('08-)		
<b>Coach</b>	Self-coached		
<b>Event</b>	Discus Throw		
<b>Personal best</b>	64.72	Bottnaryd	27.6.2015
<b>2016 best</b>	64.55	Halmstad	19.6.2016



<b>Progression</b>		<b>2.0 kg</b>	<b>1.75 kg</b>	<b>1.5 kg</b>	<b>1.0 kg</b>	<b>SP</b>
	2002				36.97	
	2003			40.58		
	2004	39.95		51.05		
	2005		53.25			
	2006		56.68			
	2007	56.14				15.73/16.29i
	2008	54.49				16.05i
	2009	57.04				16.59
	2010	58.53				16.87i
	2011	61.14				17.46i
	2012	61.57				
	2013	61.66				
	2014	62.43				
	2015	64.72				
	2016	64.55				
<b>Major competitions</b>	2005	European Junior Ch		qual		
	2006	World Junior Ch		qual		
	2007	European U23 Ch		qual		
	2014	European Ch		12		
	2015	World Ch		qual		
<b>Internat. matches</b>	Outdoors:	5				
	Indoors:	1				
<b>National titles</b>	-					
<b>PB other event</b>	SP	16.59	Karlskrona		15.8.2009	
		i 17.46	Göteborg		26.2.2011	
	HT	37.51	Växjö		21.9.2009	
	JT	60.65	Gävle		11.9.2005	

**Notes** Improved PB for seven straight years ('09-'15) and is now just 18 cm away from making it eight ... Total number of 62+ meets is currently 19 (2 in '14, 6 in '15 and 11 so far in '16) ... In '14 Europeans entered as No 29 on SB but still reached the final ... In '15 found a new level of consistency with six meets at 63-64 metres .... Was 4th with 63.24 in rain-soaked '15 DL Stockholm ... Indoor (= guaranteed windless) PB 63.60 from 5 March '16 in Växjö ... One week later won '16 European Throwing Cup (outdoors ...).

TOM Daniel KLING-BAPTISTE

<b>Pronunciation</b>	TOM KLING Bupp-TISST		
<b>Born</b>	29 August 1990 (Salem)		
<b>Residence</b>	Sundsvall		
<b>Occupation</b>	Student		
<b>Height/Weight</b>	170 cm / 65 kg		
<b>Club</b>	IFK Tumba ('06), Huddinge AIS ('07-)		
<b>Coach</b>	Håkan Andersson		
<b>Events</b>	200m & 4x100m		
<b>Personal bests</b>	20.81	Söderhamn	9.8.2015
	20.55w	Söderhamn	9.8.2015
<b>2016 bests</b>	20.87	Skara	6.6.2016
	20.70w	Skara	6.6.2016



Progression	100m	200m	60m
2006	11.68	24.51	7.52i
2007	10.94/10.84w	22.14/21.65w	7.19i
2008	10.77/10.66w	22.38	6.82i
2009	10.66	21.80	6.85i
2010	10.48/10.30w	21.41/21.39w	6.72i
2011	10.48/10.47w	21.03/21.02w	6.78i
2012	10.58	21.41	6.82i
2013	10.35	20.87	6.78i
2014	10.29	20.92	6.65i
2015	10.35/10.13w	20.81/20.55w	6.74i
2016	10.27/10.19w	20.87/20.70w	6.70i
<b>Major competitions</b>	2009	European Junior Ch	semi (100m) 8 (4x100m)
	2010	European Ch	heat (100m)
	2011	European U23 Ch	heat (4x100m)
	2013	European Indoor Ch	semi (60m)
	2014	World Indoor Ch	heat (60m)
		European Ch	heat (100m) heat (4x100m)
	2015	European Team Ch/Super L Universiade	7 (100m) quarter (100m) semi (200m)
<b>Internat. matches</b>	Outdoors: 8 Indoors: 3		
<b>National titles</b>	Outdoors (100m): '10, '13, 15 Outdoors (200m): '15 Indoors (60m): '12, 15 (200m): '12		
<b>PB other events</b>	60m	i 6.65 Göteborg	22.2.2014
	100m	10.27 Skara	6.6.2016
		w 10.13 Skara	29.8.2015

**Note** Originally soccer player who didn't begin with sprints until age 16 ... Mother *Linda* was 1st division soccer player in the mid-'80s.

Pär JONAS LEANDERSON

**Pronunciation** JOO-nuss Leh-UN-deh-shonn  
**Born** 26 January 1991 (Svängsta)  
**Residence** Malmö  
**Occupation** Athlete  
**Height/Weight** 183 cm / 69 kg  
**Club** Kyrkhults SK (-'07), Malmö AI ('07-)  
**Coach** Ola Thorsson  
**Event** 1500m  
**Personal bests** 3:36.92 Sollentuna 28.6.2016



**Progression**

	<b>1500m</b>	<b>800m</b>
2005	4:14.93	2:05.95
2006	4:07.18	2:01.73/2:01.12i
2007	3:58.00	1:57.50
2008	3:51.09	1:54.60
2009	3:46.57	1:52.01
2010	3:43.65	1:51.73
2011	3:46.27	1:52.32
2012	-- not competed --	
2013	3:46.41	1:55.09
2014	3:39.37	1:52.8m
2015	-- not competed on track --	
2016	3:36.92	

**Major competitions**

2009	European Junior Ch	5
2010	World Junior Ch	12
2014	European Ch	heat

**Internat. matches**

Outdoors: 4

**National titles**

Outdoors (4 km XC): '15

**PB other events**

800m	1:51.73	Göteborg	4.7.2010
3000m	8:43.25	Hässleholm	28.7.2007
5000m	16:23.60	Olofström	25.5.2006
2000mSt	6:07.04	Göteborg	29.6.2007

**Athletics in family**

Brother *Robin* (b '88): 800m/1500m: 1:54.55/3:52.94 '10

**Notes**

Two international 1500m finals as a junior ... However, progress since then hampered by injury problems (mainly lower leg stress fractures) ... Improved a four years old PB by over four seconds to 3:39.37 in June '14 at Bislett Games ... Took another major chunk – almost 2½ seconds – off on 28 June '16 in Sollentuna ... Those 3:36.92 were just 0.43 off the 31 years old NR ... Sees 5000m as his main distance of the future but first wants to improve further as a 1500m-runner.

MUSTAFA Hassan MOHAMED

**Pronunciation** Mu-STAHF-ah Mu-HAMM-ed  
**Born** 1 March 1979 (Mogadishu, SOM)  
**Residence** Sävedalen  
**Occupation** Athlete  
**Height/Weight** 172 cm / 53 kg  
**Club** Hälle IF  
**Coach** Ulf Friberg  
**Event** Half marathon  
**Personal best** 1:02:40 Venlo, NED 25.3.2012  
**2016 best** 1:04:13 Barcelona, ESP 14.2.2016



Progression	Marathon	3000mSt	10000m	5000m	3000m	Halfmarathon
1995				15:59.74	9:10.03	
1996	9:37.38			14:37.32	8:34.10	
1997	-	30:04.33		14:23.30	8:21.63	
1998	8:42.55	29:32.20		14:15.16	8:15.34i	1:06:52
1999	8:40.84	29:16.19		14:18.74	8:14.04	-
2000	injured					
2001	-	29:09.47	13:59.04	8:24		1:05:17
2002	8:32.07	28:49.14	13:41.78	8:09.47		1:03:35
2003	8:23.35	-	13:48.01	8:05.42		1:03:55
2004	8:18.05	-	13:53.04			1:04:03
2005	2:32:00	8:15.51	-	13:48.03		-
2006	-	8:14.67	-	13:39.71i	7:59.40	-
2007	-	8:05.75	-	13:32.08	8:01.44	-
2008	-	8:11.10	-	13:39.15	7:59.84	-
2009	-	8:18.44	-	13:43.72	7:54.05i	-
2010	-	8:22.98	29:58.18	14:04.96	-	-
2011	-- not competed --					
2012	2:12:28	-	28:40.71	-	-	1:02:40
2013	2:17:09	-	-	-	-	1:07:46+
2014	2:19:29	-	29:38.73	-	-	1:05:35+
2015	-	-	-	-	-	1:08:06
2016	2:20:01	-	-	-	-	1:04:13
<b>Major competitions</b>	1997	European Junior Ch		2 (10000m)		
		European Junior XC Ch		3		
	1998	World Junior XC Ch		54		
		World Junior Ch		8 (3000mSt)		
		European Junior XC Ch		6		
	1999	European U23 Ch		5 (10000m)		
	2000	European XC Ch		73		
	2001	European U23 Ch		8 (10000m)		
	2002	European XC Ch		59		
	2003	World Ch		heat (3000mSt)		
		European XC Ch		20		
	2004	European Cup/Super L		4 (3000mSt)		
	Olympic G		13 (3000mSt)			
	European XC Ch		22			



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2005	World Ch	10 (3000mSt)
	European XC Ch	14
2006	European Ch	4 (3000mSt)
	European XC Ch	3
2007	World XC Ch	28
	World Ch	4 (3000mSt)
	World Athletics Final	7 (3000mSt)
	European XC Ch	2
2008	Olympic G	10 (3000mSt)
	World Athletics Final	6 (3000mSt)
	European XC Ch	3
2009	World Ch	14 (3000mSt)
2010	European Ch	heat (3000mSt)
2012	European Ch	dnf (10000m)
2013	World Ch	22 (Marathon)
2014	European Ch	25 (Marathon)

### Internat. matches

Outdoors: 15

### National titles:

Outdoors (3000mSt): '02, '03, '06, '08, '10  
 (5000m): '04, '05, '07, '10  
 (10000m): '10, '12  
 (Marathon): '13, 16  
 (4 km XC): '05, '09  
 (12 km XC): '04, '05, '07, '08, '09, '10  
 Indoors (3000m): '06

### PB other events

800m	1:57.90	Stockholm	13.9.1997
1500m	3:44.01	Nijmegen, NED	29.5.2009
1 mile	4:00.02	Malmö	16.8.2005
3000m	7:59.40	Kungälv	25.6.2006
	i 7:54.05	Stockholm	18.2.2009
5000m	13:32.08	Kassel, GER	6.6.2007
	i 13:39.71	Stockholm	2.2.2006
10000m	28:40.71	Bilbao, ESP	3.6.2012
10 km road	28:12	Manchester, GBR	18.5.2008
Mar	2:12:28	Hamburg, GER	29.4.2012
2000mSt	5:37.00	Karlskrona	14.8.1998
3000mSt	8:05.75	Heusden-Zolder, BEL	28.7.2007

### Athletics in family

Brother *Ahmed* (b '76): 3000mSt/1500m: 8:46.71/3:47.88 '99 ... Wife *Hanna* (*Karlsson*, b '79): 1500m: 4:15.25 '01

### Notes

Moved with family from Somalia to Sweden at age 11 ... Originally preferred football (soccer) but at age 16 was finally persuaded to take up running ... With 8:05.75 in '07 erased the Olympic Gold winning and World Record time of 8:08.02 set by *Anders Gärderud* 31 years (to the day!) earlier from the list of Swedish national records - and missed the European record by a mere 0.80 ... Confirmed new level with 8:07.83 ten days later ... '04-'09 in six straight Steeplechase finals: 2 OG's, 3 WCh's (in '07 just missing the podium) and 1 ECh ...'06-'08 on the podium for three straight European XC Championships ... After '10 switched focus from steeplechasing to road running ... In April '12 ran a 2:12 with negative splits in first serious attempt at marathon ... However, Swedish NOC didn't consider that sufficient to earn him selection for '12 Olympics.

### Website

<http://www.mustafamohamed.com/>

DAVID Nils Oscar NILSSON

<b>Pronunciation</b>	DAH-vidd NILL-sonn		
<b>Born</b>	16 April 1987 (Kalmar)		
<b>Residence</b>	Lidingö		
<b>Occupation</b>	Athlete		
<b>Height/Weight</b>	179 cm / 68 kg		
<b>Clubs</b>	Högby IF		
<b>US university</b>	Jacksonville State University ('09)		
<b>Coach</b>	Self-coached		
<b>Event</b>	Half marathon		
<b>Personal best</b>	1:04:11	Venlo, NED	22.3.2015
<b>2016 best</b>	1:07:08	Visby	16.4.2016



Progression	Marathon	Halfmar	10000m	5000m
2005				15:08.08
2006				15:11.31
2007				14:49.20
2008				15:57.52
2009		1:10:26		14:35.52
2010		1:09:41	30:27.71	14:56.11
2011	2:21:25	1:05:56	31:27.41	15:00.01
2012	2:21:04	1:08:11	-	15:07.92
2013	2:25:45	1:06:56	30:18.49	15:04.2m+
2014	2:27:00	1:07:17	29:50.22	14:24.33
2015	2:17:19	1:04:11	29:06.79	13:57.50
2016	-	1:07:08	29:24.43i	14:03.28i
<b>Major competitions</b>	2006	European Junior XC Ch		80 (6.0km)
	2014	European Ch		dnf (Marathon)
	2015	World Ch		36 (Marathon)
		European XC Ch		10 (10.1km)
	2016	World Half Marathon Ch		dnf (Half marathon)
<b>Internat. matches</b>	Indoors:	1		
<b>National titles:</b>	-			
<b>PB other events</b>	800m	1:59.45	Sävedalen	29.6.2006
	1000m	2:31.62	Karlstad	23.7.2009
	1500m	3:54.43	Sävedalen	24.7.2007
	2000m	i 5:23.61	Gent, BEL	13.2.2016
	3000m	8:21.12	Sollentuna	27.6.2007
		i 8:10.85	New York, NY	5.2.2016
	2 miles	i 8:55.24	Huddinge	22.3.2016
	5000m	13:57.50	Oordegem, BEL	23.5.2015
	10000m	29:06.79	London, GBR	16.5.2015
		i 29:24.43	Huddinge	5.3.2016
	10 km road	29:01	Partington, GBR	13.3.2016
	Marathon	2:17:19	Rotterdam, NED	12.4.2015
	2000mSt	6:02.54	Karlskrona	16.8.2009
	3000mSt	9:22.72	Sävedalen	7.7.2007

**Athletics in family** Sister *Ida* (b '81): 1500m/3000m/5000m/3000mSt: 4:18.54 '06/9:01.01 '06/15:33.18 '04/9:39.24 '06, US Collegiate (NCAA) champion 3000mSt '04 & 5000m indoors '05 ... Sister *Johanna* (b '83): 800m/1500m/3000m 2:05.11 '03/4:10.72 '03/9:06.61i '06, US Collegiate (NCAA) champion 1 mile indoors '03/'06, 3000m indoors '06 and cross-country '05) ... Brother *Marcus* (b '91): Decathlon: 8.104 '13 ... Father *Carl-Gustaf* (b '52): 3000m/5000m/3000mSt 8:16.34/14:15.03/8:50.58 '84 ... Mother *Katarina (Tornegård, b '56)*: 1500m/3000m/5000m: 4:30.23 '79/9:35.13 '84/16:57.91 '84 ... Maternal aunt *Anne-Marie (Tornegård, b '57)* SP: 14.57 '85 ... Maternal aunt *Siv (Tornegård, b '60)*: HJ/SP 1.81 '79/15.15 '86.

**Notes** Most PB's got a major lowering in '15: 3000m by almost 10 seconds, 5000m by almost 17 seconds, 10000m by almost three quarters of a minute, halfmarathon by over 1½ minutes and marathon by over 3½ minutes ... In December '15 finished a surprise 10th in European XC in France ... Prolific competitor: Between 9 January and 14 May ran 20 (at least) races in 8 different countries and at various distances between 2 and 21 km ... Those 20 competitions consisted of 5 track indoors, 2 track outdoors, 4 cross-country, 4 half marathons, 4 shorter road races and 1 road relay.



MARCUS Carl Erik NILSSON

**Pronunciation** MAHRR-kuhss NILL-sonn  
**Born** 3 May 1991 (Kalmar)  
**Residence** Växjö  
**Occupation** Student (Sports science)  
**Height/Weight** 185 cm / 90 kg  
**Club** Högbý IF  
**US university** UCLA (University of California at Los Angeles) ('11-'15)  
**Coach** Uwe Hokus  
**Event** Decathlon  
**Personal best** 8.104 Eugene, OR 5-6.6.2013  
 (11.22w 7.14w 14.91 1.96 50.03 14.74 48.19  
 4.80 59.97 4:24.46)  
**2016 best** 7.845 Huddinge 11-12.6.2016  
 (11.53 6.99w 14.66 1.94 50.99 14.83 42.22  
 4.92 62.02 4:26.78)



Progression	Dec	Hep i	400m	1500m	HJ	PV	SP	DT	JT
1997			104.6m		0.85				
1998									
1999			93.01		1.05				
2000			81.93		1.20	1.56			
2001			69.81		1.33	1.82			
2002			68.95	5:14.46	1.43	1.80			
2003			-	4:53.47	1.50	2.30			
2004			61.61	4:33.29	1.68	3.10	8.26	24.10	31.52
2005			56.58	-	1.70	3.31			41.26
2006			56.94	4:16.09i	1.81	3.65	10.49	32.48	46.87
2007			52.09	4:13.70i	1.83	3.80	10.36	35.67	45.87
2008			53.90i	4:22.91i	1.87	4.16i	11.65	33.20	49.97
2009			51.00	4:19.92	1.88	4.40	11.47i		49.85
2010	7.318		49.54	4:19.20	1.92	4.60	13.20	42.22	55.56
2011	7.400		49.81	4:20.64	1.89	4.45i	13.60	44.97	59.93
2012	7.823	5.700j	49.69	4:18.01	2.02	4.80	14.44	43.91	57.46
2013	8.104	5.670j	50.03	4:24.46	1.96	4.80	16.02i	48.19	59.97
2014	7.656	5.760i	50.09	4:24.79	1.92	4.95i	15.97i	45.16	62.21
2015	7.663	5.709i	51.58	4:22.35	1.95i	5.10	14.72i	42.64	60.37
2016	7.845	-	50.64	4:26.78	1.94	4.92	14.90	47.43	62.02
<b>Major competitions</b>	2010	World Junior Ch		3					
	2011	European U23 Ch		16					
	2012	European Ch		18					
	2013	World Ch		24					
	2014	European Ch		dnf					

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<b>Internat. matches</b>	Outdoors: 4			
<b>PB other events</b>	60m	i 7.24	Albuquerque, NM	14.3.2014
	100m	11.24	Los Angeles, CA	4.5.2013
		w 11.18	Ribeira Brava, POR	5.7.2014
	200m	23.54	Skruv	16.5.2009
	300m	36.56	Jyväskylä, FIN	7.6.2008
	400m	49.54	Moncton, CAN	20.7.2010
	800m	2:00.46	Göteborg	29.6.2007
	1000m	2:41.46	Lerum	27.5.2007
		i 2:37.27	Västerås	5.3.2006
		j 2:33.99	Seattle, WA	25.2.2012
	1500m	4:18.01	Des Moines, IA	7.6.2012
		i 4:13.70	Malmö	11.3.2007
	3000mSt	11:11.74	Högby	7.10.2006
	60mH	i 8.31	Albuquerque, NM	15.3.2014
	110mH	14.68	Westwood, CA	11.4.2015
	300mH	39.09	Västerås	13.9.2009
	400mH	52.28	Falun	21.8.2010
	HJ	2.02	Des Moines, IA	6.6.2012
	PV	5.10	Westwood, CA	4.4.2015
	LJ	6.99	Azusa, CA	16.4.2014
		w 7.14	Eugene, OR	5.6.2013
	TJ	12.08	Högby	6.10.2007
		i 12.34	Växjö	21.1.2006
	SP	15.60	Azusa, CA	16.4.2014
		i 16.02	Fresno, CA	17.2.2013
	DT	48.19	Eugene, OR	6.6.2013
	HT	38.66	Högby	12.7.2014
	JT	62.21	Växjö	19.8.2014
	Pen	3.248	Högby	27.7.2011
	Hep	i 5.760	Albuquerque, NM	14-15.3.2014

**Athletics in family** Sister *Ida* (b '81): 1500m/3000m/5000m/3000mSt: 4:18.54 '06/9:01.01 '06/15:33.18 '04/9:39.24 '06, US Collegiate (NCAA) champion 3000mSt '04 & 5000m indoors '05 ... Sister *Johana* (b '83): 800m/1500m/3000m 2:05.11 '03/4:10.72 '03/9:06.61i '06, US Collegiate (NCAA) champion 1 mile indoors '03/'06, 3000m indoors '06 and cross-country '05 ... Brother *David* (b '87): 5000m/10000m: 14:03.28i/29:06.79 '16/'15, Half marathon/Marat hon: 1:04:11/2:17:19 '15 ..., Father *Carl-Gustaf* (b '52): 3000m/5000m/3000mSt 8:16.34/14:15.03/8:50.58 '84 ... Mother *Katarina (Tornegård, b '56)*: 1500m/3000m/5000m: 4:30.23 '79/9:35.13 '84/16:57.91 '84 ... Maternal aunt *Anne-Marie (Tornegård, b '57)* SP: 14.57 '85 ... Maternal aunt *Siv (Tornegård, b '60)*: HJ/SP 1.81 '79/15.15 '86.

**Notes** Indicated all-round talent early by being in the top-6 on the '05 Swedish age 14-lists in events as diverse as 800m, 1500mSt, 300mH, PV, DT, JT and of course Octathlon ... History of massive improvements in championships: +433 points to take bronze at '10 World Juniors, +284 at '12 NCAA and +281 at '13 NCAA to take bronze ... In early June '16 made his second best score ever behind '13 NCAA PB.

JOHAN Sven Ivar ROGESTEDT

**Pronunciation** YOO-hunn ROO-geh-stett  
**Born** 27 January 1993 (Göteborg)  
**Residence** Göteborg  
**Occupation** Student (technology)  
**Height/Weight** 196 cm / 72 kg  
**Club** F Stenungsunds FI  
**Coach** Ulf Friberg  
**Event** 1500m  
**Personal bests** 3:36.58 Sollentuna 28.6.2016



Progression		800m	1500m	400m	3000m	TJ
	2006	2:21.51	4:46.89			
	2007	2:02.05	4:35.74			11.68/12.28i
	2008	1:55.11	4:05.49	52.68i		11.75/12.39i
	2009	1:50.92	3:50.19	49.45	8:43.30	
	2010	1:49.49	3:54.63/3:49.11i	49.37		
	2011	1:47.18	3:45.95	-		
	2012	1:47.51	3:46.74	48.24		
	2013	1:47.24	3:46.34	47.98	8:31.45	
	2014	1:45.89	3:40.78			
	2015	1:48.77	3:46.76/3:40.03i			
	2016	1:47.47	3:36.58			
<b>Major competitions</b>	2009	World Youth Ch		1	(800m)	
	2010	European Junior XC Ch		83		
	2011	European Team Ch/Super L		10	(1500m)	
		European Junior Ch		3	(800m)	
	2012	European Ch		heat	(800m)	
		World Junior Ch		heat	(800m)	
	2013	European Indoor Ch		semi	(800m)	
		European U23 Ch		heat	(800m)	
	2014	European Team Ch/Super L		8	(800m)	
				9	(1500m)	
		European Ch		semi	(800m)	
	2015	European Indoor Ch		heat	(1500m)	
<b>Internat. matches</b>	Outdoors:	6				
	Indoors:	4				
<b>National titles</b>	Outdoors (800m):	'13				
	(1500m):	'11, '13				
	Indoors (800m):	'13, '15				
	(1500m):	'11, '14				

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<b>PB other events</b>	200m	23.05	Uddevalla	29.7.2012
	300m	36.48	Halmstad	20.7.2008
	400m	47.98	Göteborg	29.6.2013
	800m	1:45.89	Rieti, ITA	7.9.2014
	1000m	i 2:33.61	Sätra	9.3.2008
	2000m	5:38.74	Göteborg	29.6.2008
	3000m	8:31.45	Mölnådal	3.8.2013
	HJ	1.76	Halmstad	19.7.2008
	LJ	5.67	Halmstad	19.7.2008
	TJ	11.75	Halmstad	19.7.2008
	i 12.39	Sätra	8.3.2008	

**Notes** Aged just 16 at '09 World Youth shocked everyone by taking the 800m title ahead of runners with 4-5 seconds better PB's ... That is not just the only European gold ever at the middle and long distances for boys in the history of these championships – until the 8th edition in '13 it was even the only European medal in these events ... Ran an overall PB at 1500m at the '15 XL-galan in Stockholm missing the NIR by just 0.11 ... Lowered that overall PB by another 3½ seconds on 28 June '16 in Sollentuna missing the NR by an even scantier 0.09 ... BTW: At his birth that NR was already 7 years old.

**Website** <http://www.johanrogstedt.se/>





Jan Allan FREDRIK SAMUELSSON

**Pronunciation** FREH-drick SAH-muh-ell-sonn  
**Born** 16 February 1995 (Stockholm)  
**Residence** Hässelby  
**Occupation** Athlete  
**Height/Weight** 186 cm / 82 kg  
**Club** Sundbybergs IK (-'03), Hässelby SK ('04-)  
**Coach** Jan Samuelsson  
**Event** Decathlon  
**Personal best** 7.884 Tallinn, EST 11-12.7.2015  
 (10.98 7.81 13.48 2.04 50.32  
 14.65 37.68 4.70 55.33 4:41.23)  
**2016 best** 7.815 Götzis, AUT 5.2016  
 (10.98 7.40 14.02 2.00 49.94  
 14.52 39.20 4.60 55.51 4:41.11)



Progression	Dec	Hep i	400m	110mH	HJ	PV	LJ	SP	JT
2008	-	-	-	-	-	2.74	-	-	-
2009	-	-	-	-	1.71i	2.93	5.85	6.56	32.92
2010	-	-	-	-	1.71	3.52	5.76	7.63	35.64
2011	-	-	52.81i	17.5m	1.83	3.95	6.25	10.73	46.34
2012	-	-	50.70	-	1.97	4.32	7.05	12.17	50.52
2013	-	-	50.37	-	2.04	4.55i	7.06	11.08	51.53
2014	-	-	50.74	-	1.95i	4.60	7.06/7.07w	12.96i	56.97
2015	7.884	5.623i	49.82	14.64	2.05i	4.70	7.81	13.90	59.03
2016	7.815	5.622i	49.09	14.52	2.01i	4.66i	7.47i	14.67i	55.51

Major competitions	Year	Competition	Points
	2013	European Junior Ch	7
	2014	World Junior Ch	12
	2015	European U23 Ch	5

## SWEDISH TEAM - MEDIA GUIDE. European Championships, Amsterdam, 2016

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<b>Internat. matches</b>	Outdoors: 1			
<b>PB other events</b>	60m	i 7.15	Sätra	10.1.2015
		i 7.15	Göteborg	12.3.2016
	100m	10.98	Tallinn, EST	11.7.2015
		10.98	Götzis, AUT	28.5.2016
	200m	22.71	Stockholm	24.8.2014
	300m	36.20	Huddinge	15.9.2012
	400m	49.09	Sollentuna	28.6.2016
	800m	2:13.77	Huddinge	5.9.2010
		i 2:12.59	Göteborg	11.3.2012
	1000m	2:52.41	Huddinge	16.9.2012
		i 2:47.79	Växjö	10.2.2013
	1500m	4:34.12	Firenze, ITA	15.5.2015
	60mH	i 8.18	Växjö	20.2.2016
	110mH	14.52	Götzis, AUT	29.5.2016
	300mH	38.59	Göteborg	28.6.2013
	400mH	53.96	Borås	5.7.2014
	HJ	2.04	Rieti, ITA	20.7.2013
		2.04	Tallinn, EST	11.7.2015
		i 2.05	Norrköping	7.2.2015
	PV	4.70	Tallinn, EST	12.7.2015
	LJ	7.81	Tallinn, EST	11.7.2015
	TJ	14.22	Sollentuna	12.8.2012
	SP	14.02	Götzis, AUT	28.5.2016
		i 14.67	Göteborg	12.3.2016
	DT	41.22	Göteborg	5.7.2015
	HT	29.86	Hässelby	7.10.2012
	JT	59.03	Firenze, ITA	16.5.2015
	Hep	i 5.623	Norrköping	7-8.2.2015

**Athletics in family** Father *Jan* (b '65): Dec: 7.315m '91 ... Mother *Maria (Robertsson, b '72)*: 100mH/400mH: 14.14/62.89 '90 ... Brother *Jakob* (b '98): PV/JT: 4.74i/61.90 '16 (13th in '15 World Youth decathlon) ... Paternal uncle *Stefan* (b '69): Dec: 6.710 '90 ... Maternal uncle *Mats Robertsson* (b '68): 800m: 1:56.62 '90 ... Maternal grandfather *Harald (Robertsson, b '40)*: 1500m: 4:18.5m '59, Marathon 2:53:01 '84..

**Notes** Despite strong "athletics heritage" pursued football (soccer) as main sport until age 17 ... Shocked on lookers at the '15 European U23's by improving his LJ PB by a full 30 cm to 7.81 in the third round ... However, main asset as a decathlete is the balance of strength over all the ten events.

DANIEL Arvid Paavali STÅHL

<b>Pronunciation</b>	DAH-nee-ell STALL	
<b>Born</b>	27 August 1992	
<b>Residence</b>	Järfälla	
<b>Occupation</b>	Athlete	
<b>Height/Weight</b>	200 cm / 150 kg	
<b>Clubs</b>	Spårvägens FK	
<b>Coach</b>	Vesteinn Hafsteinsson	
<b>Event</b>	Discus Throw	
<b>Personal best</b>	66.89 Irvine, CA	3.5.2014
<b>2016 best</b>	66.74 Salinas, CA	17.4.2016



Progression	2.0 kg	1.75 kg	1.5 kg	1.0 kg	SP
2006	26.85			47.68	9.39
2007	24.52			56.43	10.56
2008	40.36		49.01		11.40
2009	44.34	46.66	58.16		14.79
2010	50.32	53.43			16.09
2011	55.60	60.85			16.89/17.10i
2012	62.16				18.76
2013	61.29				18.78
2014	66.89				19.17
2015	64.73				18.70
2016	66.74				18.55i
<b>Major competitions</b>	2009	World Youth Ch		qual (SP)	
				qual (DT)	
	2010	World Junior Ch		qual (SP)	
	2011	European Junior Ch		qual (SP)	
				qual (DT)	
	2013	European U23 Ch		4 (DT)	
	2014	European Team Ch/Super L		11 (DT)	
		European Ch		qual (DT)	
	2015	European Team Ch/Super L		X (DT)	
		World Ch		5 (DT)	
<b>Internat. matches</b>	Outdoors: 6				
	Indoors: 4				
<b>National titles</b>	Outdoors (DT):		'14		
	(SP):		'15		
<b>PB other event</b>	SP	19.17	Umeå	1.8.2014	
	HT	45.50	Växjö	2.9.2014	
	JT	43.78	Sätra	22.9.2013	
	WT (35 lb) i	17.31	Bollnäs	25.2.2012	

**Athletics in family** Father *Jan* (b '48): SP/HT: 16.80/59.14 '80 ... Mother *Taina* (*Laakso*, b '60): SP/DT: 14.11/51.90 '82/'88 ... Sister *Anneli* (b '90): HT: 59.74 '13

**Notes** Started out as an icehockey player but switched focus to athletics at age 17 ... In spring of '14 topped the yearly World List for one week with his 66.89 ... Current number of 63+ meets is 18 (8 in '14, 4 in '15 and so far 7 in '16) ... Entered as No 32nd on a wild card grabbed 5th in '15 Worlds after raising his YB by almost 1½ meters in the final ... From '14 onwards have 9 Diamond League finishes between 5th and 7th ... One of those 7th should have been at least a 3rd as a legal 64.50+ throw in '16 DL Rabat went unmeasured due to an officiating error.

Måns MELKER SVÄRD JACOBSSON

<b>Pronunciation</b>	MELL-kehrr SVAIRD JAH-cobb-sonn		
<b>Born</b>	8 January 1994 (Lund)		
<b>Residence</b>	Göteborg		
<b>Occupation</b>	Athlete		
<b>Height/Weight</b>	188 cm / 79 kg		
<b>Club</b>	Malmö AI		
<b>Coach</b>	Gustaf Hultgren		
<b>Event</b>	Pole Vault		
<b>Personal bests</b>	5.70	Austin, TX	2.4.2016



<b>Progression</b>	2005	3.10	3.20i
	2006	3.65	3.82i
	2007	3.93	3.95i
	2008	4.26	
	2009	4.75	
	2010	5.11	
	2011	5.15/5.33&	5.45i
	2012	5.48	
	2013	5.50	
	2014	5.60	5.65i
	2015	-- not competed --	
	2016	5.70	

<b>Major competitions</b>	2010	Youth Olympic G	4
	2011	World Youth Ch	2
	2012	World Junior Ch	6
	2013	European Indoor Ch	qual
	2014	European Team Ch/Super L	X
		European Ch	qual

<b>Internat. matches</b>	Outdoors:	4
	Indoors:	3

**National titles** -

<b>PB other events</b>	LJ	6.27	Sollentuna	10.8.2012
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**Notes** Very early start as a pole vaulter: 3m at age 11, 4m at age 14 and 5m at age 16. ... Holds the NJR both outdoors (5.48) and indoors (5.50) ... First coach *Stanislaw Szczyrba*, then worked with *Vitaliy Petrov* in Italy for a couple of years ... Hampered by injuries in '14 and '15 ... But finally after a successful groin operation in '15 was able to resume normal training this winter and quickly recovered old form ... Actual ly in comeback in Austin on 2 April '16 – first meet since September '14 – had a clean sheet up to and including new PB 5.70!

MICHEL Tresor Komesha TORNÉUS

<b>Pronunciation</b>	Mi-SHELL Tohr-NEH-uhss		
<b>Born</b>	26 may 1986 (Botkyrka)		
<b>Residence</b>	Huddinge		
<b>Occupation</b>	Athlete		
<b>Height/Weight</b>	184 cm / 70 kg		
<b>Club</b>	Tullinge-Tumba FF (-'95), IFK Tumba ('96-'10), Hammarby IF ('11-)		
<b>Coach</b>	Oscar Gidewall		
<b>Event</b>	Long Jump		
<b>Personal bests</b>	8.22	Kuortane, FIN	21.7.2012 **NR**
	8.30i	Praha, CZE	6.3.2015 **NIR**
<b>2016 bests</b>	7.82	Chania, GRE	4.6.2016
	7.87i	Stockholm	17.2.2016



<b>Progression</b>	1996	4.28z	4.40zw	(z = measured from take-off point)
	1997	4.73z		
	1998	4.68z	4.79zw	
	1999	-		
	2000	-		
	2001	6.48		
	2002	6.74	6.86w	
	2003	7.07		
	2004	7.41		
	2005	7.94		
	2006	7.68		
	2007	7.85		
	2008	7.86		
	2009	8.11		
	2010	8.12	8.21w	
	2011	8.19		
2012	8.22			
2013	8.00	8.12w	8.29i	
2014	8.09	8.10w	8.21i	
2015	7.83	8.07w	8.30i	
2016	7.82		7.87i	

<b>Major competitions</b>	2003	European Youth Olympics	6
			2 (4x100m)
	2005	European Junior Ch	4
	2007	European U23 Ch	10
	2009	European Indoor Ch	qual
		European Team Ch/Super L	9
	2010	World Ch	qual
		World Indoor Ch	qual
	2011	European Ch	9
		European Indoor Ch	7
		European Team Ch/Super L	2
		World Ch	qual

2012	World Indoor Ch	qual
	European Ch	3
	Olympic G	4
2013	European Indoor Ch	2
	World Ch	qual
2014	World Indoor Ch	3
	European Team Ch/Super L	5
	European Ch	5
2015	European Indoor Ch	1
	World Ch	qual

#### Internat. matches

Outdoors: 15

Indoors: 3

#### National titles

Outdoors (LJ) : '05, '07, '08, '09, '10, '12, '13, '14, '15

(TJ): '12

Indoors (LJ): '08, '10, '11, '12, '13, '14, '15, 16

#### PB other events

60m	i 6.93	Göteborg	4.3.2012
100m	10.71	Göteborg	9.7.2011
	w 10.63	Sollentuna	22.5.2011
200m	22.61	Sollentuna	28.5.2005
	w 22.41	Vallentuna	12.9.2004
300m	36.13	Enskede	19.5.2005
400m	52.94	Gävle	25.9.2004
1000m	i 2:50.91	Karlskrona	6.3.2005
1500m	4:52.29	Gävle	26.9.2004
110mH	15.67	Gävle	26.9.2004
300mH	37.52	Kvarnsveden	14.8.2004
400mH	55.48	Leppävaara, FIN	22.8.2004
HJ	1.92	Gävle	25.9.2004
	i 1.99	Karlskrona	5.3.2005
PV	2.96	Gävle	26.9.2004
	i 3.26	Karlskrona	6.3.2005
TJ	15.90	Stockholm	26.8.2012
SP	10.97	Norrköping	17.5.2007
DT	29.50	Gävle	26.9.2004
JT	44.19	Gävle	26.9.2004
Dec	6.115	Gävle	25-26.9.2004

**Athletics in family** First cousin *Ritchie Moba* (b '90): LJ: 7.33 '14.

**Notes** On 27 June '09 became the 3rd Swedish long jumper ever to surpass 8 metres in legal wind conditions when jumping 8.11 ... On 21 July '12 in Kuortane with 8.22 finally eclipsed the NR that had stood for 16 years ... On 21 February '13 in Stockholm tied the NIR that had stood for 18 years ... On 3 March '13 added another 8 cm to the record to take silver at European Indoors ... For many years not the luckiest when it came to narrow international medal decisions: At '05 European Juniors 4th with the same mark as the bronze medalist, at '12 Europeans 3rd just 4 cm from the silver, at '12 Olympics 4th 1 cm from the bronze and 5 cm from the silver, at '13 European Indoors 2nd just 2 cm from the gold, at '14 World Indoors 3rd just 2 cm from the silver and 7 cm from the gold, at '14 Europeans 5th just 6 cm from the silver ... Somewhat made up for that by winning the '15 European Indoors with a massive 20 cm ... Current number of 8m+ competitions is 35 (17 legal outdoors, 7 wind-aided and 11 indoors) ... So far 16 Diamond League appearances since '10 finishing in top-6 nine times ... Daughter Leah born in May '14 ... In '14 went for a condensed three-meet indoor season (XL-galan, NCh and WCh) which culminated in a bronze medal in Sopot ... Followed same recipe last winter, i.e. only XL-galan (1st at 8.07) and NCh (1st at 7.88) before dominating the EICH: 8.30i NIR was top mark in the world during the indoor season and margin of victory was 20 cm ... Hampered by groin problems in summer of '15, but 8.07w to take 9th national title outdoors.

**Website** <http://www.michel-torneus.se/>

Carl FREDRIK Lennart UHRBOM

<b>Pronunciation</b>	FREH-drick UHR-boomm		
<b>Born</b>	13 August 1977 (Örebro)		
<b>Residence</b>	Stockholm		
<b>Occupation</b>	Actuary		
<b>Height/Weight</b>	180 cm / 68 kg		
<b>Club</b>	Nyköpings BIS (-'01), Söderköpings FIK ('02-'04), Spårvägens FK ('05-)		
<b>Coach/Advisor</b>	Self-coached		
<b>Event</b>	Half marathon		
<b>Personal best</b>	1:05:20	Den Haag, NED	14.3.2010
<b>2016 best</b>	1:06:36	Göteborg	21.5.2016



Progression	Half mar	Mar	10000m	5000m	3000m	1500m	800m
1991	-	-	-	-	-	-	2:08.67
1992	-	-	-	-	9:11.18	4:16.07	2:01.7m
1993	-	-	-	-	8:49.52	4:03.67	1:58.03
1994	-	-	-	-	-	3:59.54	1:56.46
1995	-	-	-	-	-	4:01.86	1:55.78
1996	-	-	-	-	-	3:59.10i	-
1997	-	-	-	15:50.14	8:48.97	3:58.38	1:56.6m
1998	-	-	-	-	8:37.91	3:56.53	1:54.51
1999	-	-	-	-	8:35.23	3:55.46	1:54.55
2000	-	-	-	14:54.32	8:22.83	3:55.60	1:57.18
2001	-	-	-	15:13.41	8:25.06	3:54.73	-
2002	-	-	-	14:35.90	8:30.30	3:53.18	1:57.8m
2003	-	-	-	14:29.38	8:15.85	3:55.54	-
2004	1:07:55	-	30:22.57	14:30.39	8:12.92	3:53.29	-
2005	1:08:27	-	30:12.21	14:03.46	8:11.00	3:49.71	-
2006	-	-	-	14:54.90	8:24.36	3:56.84	-
2007	1:07:26	-	29:51.7m	14:11.60	8:10.87	3:55.07	-
2008	1:05:53	-	29:30.28	14:01.45	8:03.43	3:52.95	-
2009	1:08:20	2:22:53	29:36.93	14:04.85	8:19.30	-	2:00.44
2010	1:05:20	-	-	14:08.14	8:13.75i	-	-
2011	1:06:19	2:21:44	29:45.31	14:03.20	8:07.65	3:50.56	-
2012	1:06:18	2:25:21	29:52.75	14:38.45	8:23.30i	4:02.69i	2:04.05
2013	1:06:27	2:27:16	29:37.85	14:04.19	8:18.08	4:15.23	2:05.09
2014	1:07:53	-	29:41.43	14:07.99	8:17.60	3:56.29	-
2015	1:07:12	-	29:53.87	14:52.50	-	-	-
2016	1:06:36	-	30:17.41	-	8:43.9mi	-	-
<b>Major competitions</b>	2007	European XC Ch	45 (10.7 km)				
<b>Internat. matches</b>	Outdoors: 5						
<b>National titles:</b>	Outdoors (Marathon): '12						



<b>Internat. matches</b>	Outdoors: 5		
<b>National titles:</b>	Outdoors (Marathon): '12		
<b>PB other events</b>	800m	1:54.51	Gävle 4.7.1998
	1500m	3:49.71	Sollentuna 28.6.2005
	3000m	8:03.43	Cork, IRL 12.7.2008
	5000m	14:01.45	Heusden-Zolder, BEL 20.7.2008
	10000m	29:30.28	Watford, GBR 14.6.2008
	Marathon	2:21:44	Castellón, ESP 11.12.2011
	3000mSt	10:00.67	Nyköping 10.6.1997

**Notes** Ran first race at age 11 in '88 and is still competing enthusiastically now more than a quarter of century later ... Concentrated on the middle distances for many years ... First appearance on national team at age 28 after having switched to longer distances ... National championships medals in 5000m., 10000m, half marathon, marathon and 12 km XC ... Only gold was at marathon in '12 ... Despite having a full-time job competes extensively year round both home and abroad ... A typical illustration: At 5000m between '05 and '14 had 14 performances at 14:01-14:14 and of those races only one was in Sweden ... Renowned for excellent sense of running speed is a sought-after pacemaker on the national scene for all kinds of races from 3000m up to the marathon ... One evening in March '16 paced three 5000m-races at a local indoor meet at various requested speeds finishing first in all of them in 15:15, 15:54 and 16:57 respectively.

**Blog** <http://springlfa.se/author/fredriks-blogg/>



Thorsten Olof GABRIEL WALLIN

<b>Pronunciation</b>	GAH-bree-ell Vah-LEEN		
<b>Born</b>	14 October 1981 (Enhörna)		
<b>Residence</b>	Södertälje		
<b>Occupation</b>	Financial risk manager (part time)		
<b>Height/Weight</b>	193 cm / 93 kg		
<b>Club</b>	Södertälje IF		
<b>US university</b>	Boise State University ('04-'05)		
<b>Coach</b>	Kari Kiviniemi		
<b>Event</b>	Javelin Throw		
<b>Personal best</b>	83.23	Hässelby	25.6.2013
<b>2016 best</b>	82.81	Saarijärvi, FIN	26.6.2016

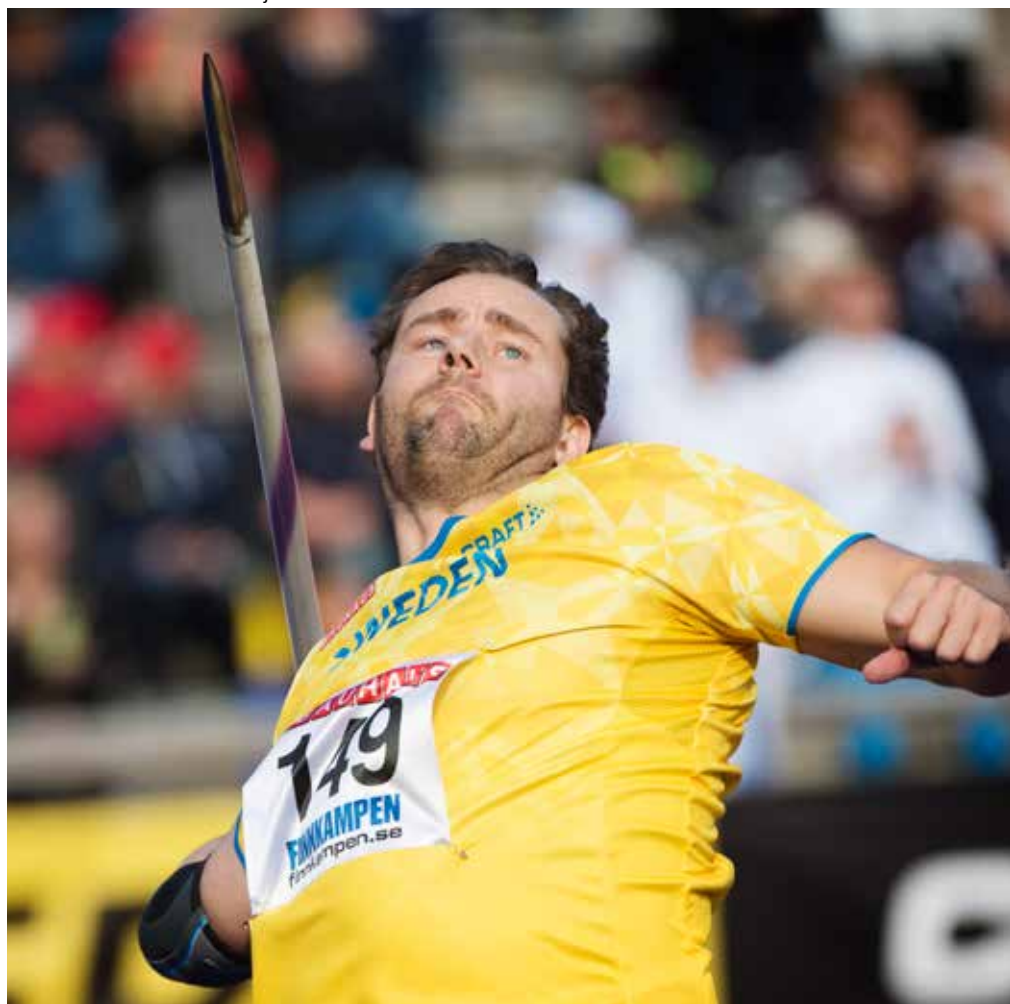


<b>Progression</b>	1997	48.04	
	1998	58.15	
	1999	67.10	
	2000	64.52	
	2001	69.88	
	2002	73.98	
	2003	72.33	
	2004	80.71	
	2005	80.31	
	2006	-	
	2007	78.97	
	2008	74.62	
	2009	79.69	
	2010	78.31	
	2011	80.88	
	2012	81.45	
	2013	83.23	
2014	77.88		
2015	79.16		
2016	82.81		
<b>Major competitions</b>	2003	European U23 Ch	qual
	2004	European Cup/Super L	7
	2005	World Ch	qual
	2007	World Ch	qual
	2010	European Ch	qual
	2011	European Team Ch/Super L	2
		World Ch	qual
	2012	European Ch	8
	2013	World Ch	qual
	2014	European Ch	qual
2015	European Team Ch/Super L	7	

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<b>Internat. matches</b>	Outdoors: 9			
<b>National titles</b>	Outdoors: '14			
<b>PB other events</b>	SP	11.98	Södertälje	8.9.2002
	DT	37.77	Södertälje	25.9.2005
	HT	41.61	Södertälje	25.9.2005

**Notes** US Collegiate (NCAA) champion in '04 & '05 ... When winning in '04 improved PB from 73.98 to 77.62 in qualification and further to 80.71 in the final ... In the '09 edition of the prestigious match vs Finland was leading going into the final round and only one of the three Finnish throwers managed to – barely – pass and grab the win ... At '11 European Team Ch broke seven year old PB surpassing 80m in three out of four throws ... Further PB improvements in '12 and '13 ... Due to persistent back problems competed sparingly through most of his career ... Current number of 80+ meets is 7 ... First NCh medal in '02 (bronze) but had to wait another 12 years for the first gold ... After two years below 80 hit his second longest ever with 82.81 in Saarijärvi on 26 June.



JOHAN Lukas WISSMAN

<b>Pronunciation</b>	YOO-hunn VISS-munn		
<b>Born</b>	2 November 1982 (Kvistofta, Helsingborg)		
<b>Residence</b>	Nacka & Sundsvall		
<b>Occupation</b>	Athlete		
<b>Height/Weight</b>	180 cm / 75 kg		
<b>Club</b>	IFK Helsingborg (-'12), Hässelby SK ('13-)		
<b>Coach</b>	Håkan Andersson		
<b>Event</b>	200m & 4x100m		
<b>Personal bests</b>	20.30	Stuttgart, GER	23.9.2007 **NR**
	20.26w	Helsinki, FIN	9.8.2005
<b>2016 bests</b>	20.76	La Chaux-de-Fonds, SUI	26.6.2016



Progression	400m	400m i	200m	200m i
1995	61.03			
1996	-			
1997	56.34		24.62	
1998	52.59		23.41	
1999	48.03	50.41i	21.78	22.24i
2000	47.30	47.90i	21.23	21.05w 21.79i
2001	46.40	-	20.81	21.55i
2002	46.17	-	20.51	20.85i
2003	45.80	-	20.43	21.02i
2004	45.57	-	20.50	20.65i
2005	46.23	47.60i	20.46	20.26w 20.93i
2006	-	47.26i	20.38	20.89i
2007	44.54	46.17i	20.30	20.73i
2008	44.64	46.04i	20.77	20.30w 20.91i
2009	45.81	45.89i	20.56	20.93i
2010	46.25	-	20.76	-
2011	45.82	47.41i	20.93	20.57w 21.26i/21.16j
2012	46.24	47.06i	20.57	20.85i
2013	46.56	48.80i	20.75	20.59w 21.31i
2014	45.93		20.67	
<b>Major competitions</b>	1999	European Y Olympics final	5 (400m) (dq)	(4x100m)
	2000	World Junior Ch	quarter	(200m)
	2001	European Junior Ch	2	(400m)
			4	(4x100m)
			5	(4x100m)
		World Ch	heat	(4x400m)
	2002	European Indoor Ch	semi	(200m)
		European Ch	quarter	(200m)
	2003	World Indoor Ch	heat	(200m)
		European U23 Ch	3	(200m)
			4	(4x100m)
		World Ch	semi	(200m)

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2004	World Indoor Ch	2 (200m)	2009	European Indoor Ch	1 (400m)
	European Cup/Super L	2 (200m)		World Ch	semi (400m)
	Olympic G	quarter (200m)		2010	European Ch
2005	European Indoor Ch	semi (200m)	2011	European Indoor Ch	heat (400m)
	World Ch	quarter (200m)		European Team Ch/SL	7 (200m)
2006	World Indoor Ch	4 (4x400m)	2012	European Ch	semi (400m)
	European Ch	2 (200m)		2013	European Indoor Ch
2007	European Indoor Ch	4 (400m)	2014	European Ch	heat (200m)
	World Ch	7 (400m)		European Ch	heat (400m)
2008	World Athletics Final	4 (200m)	2015	European Team Ch/SL	=4 (200m)
	World Indoor Ch	2 (400m)			6 (4x100m)
	Olympic G	8 (400m)			
	World Athletics Final	8 (400m)			

**Internat. matches**    Outdoors: 28  
Indoors: 6

**National titles**  
Outdoors (100m): '04  
(200m): '01, '03, '04, '06, '07, '09, '10, '11, 13  
(400m): '02, '05, '11, '14  
Indoors (200m): '02, '03, '04, '05, '06, '07, '09, '11, '16  
(400m): '12

**PB other events**

60m	i 6.84	Göteborg	3.2.2004
100m	10.44	Helsingborg	14.7.2002
	w 10.34	Helsingborg	13.7.2003
200m	i 20.65	Liévin, FRA	28.2.2004
300m	32.10	Sollentuna	8.7.2008
	i 32.61	Liévin, FRA	3.3.2006
400m	44.56	Osaka, JPN	29.8.2007
800m	2:03.00	Vellinge	11.9.1999
1500m	4:32.24	Borås	27.6.1998
3000mSt	11:12.75	Tranås	24.5.1998
300mH	38.85	Karlskrona	4.8.2000
LJ	6.81	Stockholm	16.9.2000
SP	9.52	Hässelby	5.10.2013
DT	27.69	Hässelby	5.10.2013
HT	23.68	Helsingborg	29.9.2007
JT	38.05	Helsingborg	29.9.2007

**Athletics in family**    Father *Mats (Persson, b '49)*: 800m: 1:59.4m '66.

**Notes**    Winter '04 ran the 200m in six meets, improved the NIR on four occasions and won all races but the last, the WICH final which he lost by 0.06 ... In March '06 ran an unofficial European Indoor record for 300m in Liévin lowering *Erwin Skamrahl's* 20 years old mark of 32.72 by 0.11 ... First international success as a 400m-runner (silver at '01 European Juniors) but then chose 200m as main event to develop his speed ... However, long term focus remained at 400m and after '06 Ech 200m silver switched priorities and re-focused on the 1-lap event ... In summer of '07 lowered PB by over one second and in Osaka WCh ran sub-45 in all three rounds ... Followed that up next summer at Beijing Olympics with two more sub-45's to reach also that final ... Had four individual silvers, one bronze and two 4th places from international championships before striking gold at '09 European Indoors ... From '01 WCh to '09 WCh competed in every available championship (Olympic, World and European) outdoors and indoors, i.e. did 17 straight championship starts before passing the '10 indoor season ... Has since added another 5 championships ... In 2015 switched back to 200m as main event ... An – especially for a sprinter – extraordinarily long career on national senior team: ... 2016 is the 17th straight year and Amsterdam the 6th straight Europeans!

MEN 4x100m

ERIK HAGBERG

<b>Born</b>	11 April 1995		
<b>Club</b>	Uppsala IF		
<b>Personal bests</b>	10.42	Rieti, ITA	18.7.2013
	10.36w	Uppsala	23.8.2014
<b>2016 bests</b>	10.46	Oslo, NOR	24.6.2016
	10.46w	Skara	19.6.2016

AUSTIN HAMILTON

<b>Born</b>	29 July 1997		
<b>Club</b>	Malmö AI		
<b>Personal best</b>	10.43	Skara	6.6.2015
<b>2016 best</b>	10.49	Skara	6.6.2016
	10.49	Mannheim, GER	25.6.2016
	10.49	Mannheim, GER	25.6.2016

TOM KLING-BAPTISTE

See individual biography!

EMIL VON BARTH

<b>Born</b>	28 October 1996		
<b>Club</b>	Ullevi FK		
<b>Personal bests</b>	10.53	Weinheim, GER	30.5.2015
	10.38w	Skara	19.6.2016
<b>2016 best</b>	10.62	Skara	6.6.2016

JOHAN WISSMAN

See individual biography!

MEN 4x400m

AXEL BERGRAHM

**Born** 11 April 1992  
**Club** Spårvägens FK  
**Personal best** 47.04 Gävle 13.8.2011  
**2016 best** 47.76 Sollentuna 3.6.2016

ADAM DANIELSSON

**Born** 9 November 1993  
**Club** Ullevi FK  
**Personal best** 47.75 Göteborg 4.7.2015  
**2016 best** 47.82 Oslo, NOR 24.6.2016

DENNIS FORSMAN

**Born** 15 December 1995  
**Club** Ullevi FK  
**Personal best** 47.15 Rieti, ITA 18.7.2013  
**2016 best** 47.98 La Chaux-de-Fonds, SUI 26.6.2016

FELIX FRANCOIS

**Born** 8 November 1990  
**Club** Örgryte IS  
**Personal best** 47.26 Söderhamn 8.8.2015  
**2016 bests** 47.71 Hvidovre, DEN 11.6.2016  
 47.53i Växjö 13.2.2016

ERIK MARTINSSON

**Born** 25 September 1996  
**Club** Gefle IF  
**Personal bests** 47.45 Sollentuna 3.6.2016  
 47.43i Stockholm 19.2.2015