



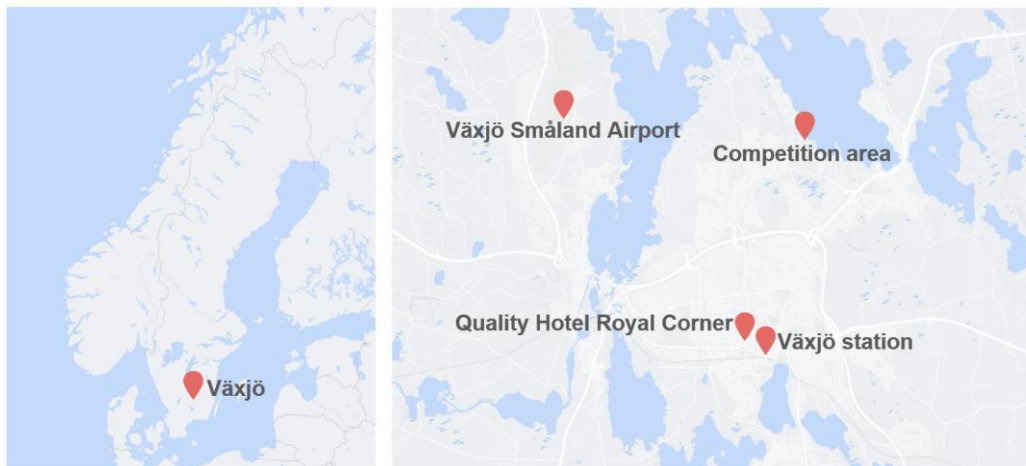
INVITATION

2026 Nordic Cross Country Championships, 8th of November, Växjö, Sweden

IFK Växjö and the Swedish Athletics federation invites you to the Nordic Cross Country Championships to be held in Växjö, Sweden the 8th of November.

About Växjö

Växjö is the city in the heart of Småland. Here you will find an exciting combination of pulse, shopping and entertainment combined with small town charm and culture. Växjö is the lakeside city where roads meet – hence the name of this junction, surrounded by lakes and waterways. You easily travel to Växjö – no less than six highways cross the city. From Copenhagen Airport you reach Växjö by train in just over two hours, from Stockholm in a bit more than three hours. Växjö also has an airport, but with a limited number of flights – Växjö Småland Airport.



The competition area

The race will take place at Evedals outdoor recreation area, located 5 km from Växjö city on a 2km loop course. The course consists mainly of grass with some sandy sections.

Accommodation

All participants will stay at the Quality Hotel Royal Corner in Växjö city. Due to the early start of the competition, all teams should be able to schedule their travel home the same day after the race.

Note that all train tickets to Växjö are not yet available for purchase. Timetables for traveling from/to Copenhagen Airport could be found at <https://www.oresundstag.se/en/travel-information/timetables>.



Preliminary timetable

10:00	Junior (U20) women, 6km
10:45	Junior (U20) men, 6km
11:30	Senior women, 10km
12:15	Senior men, 10km

Local transportation

From Växjö train station to hotel

Quality Hotel Royal Corner is located only 700m from Växjö train station. Upon arrival all teams will be met by a guide, who will escort and walk you to the hotel. In case you need a minibus for transport, please request this in the final entries.

From Växjö Småland Airport

If any team arrives by flight to Växjö Småland Airport, please state this in the preliminary or the final entries.

From hotel to competition area

There will be organised transportation to the competition area for official training on Saturday 16:00 - 18:00 and on the race day.

From competition area to Växjö train station

After the race there will be organised transportation from the competition area to Växjö train station.

Costs

Single room: 195€/person

Double room: 155€/person

The cost includes:

- 1-night stay in single or double room incl. breakfast
- dinner buffet Saturday night at hotel
- lunch Sunday at competition area
- bus transportations

Entry

The deadline for preliminary entries is October 1st. Provide the number of single and/or double rooms and your planned arrival and departure times. Please send the information by mail to mikael.aberg@ist.com.

Deadline for final entries (athlete entries and room list with names) is October 22nd. We will send you a final entry form to fill in closer to the deadline.



Further information

At the end of summer, further information will be distributed containing detailed information about the venue, transportation as well as other relevant information.

All the necessary information can be found shortly on the website of the competition:
<https://www.friidrott.se/internationella-masterskap/nm-i-terranglopning/>

Don't hesitate to contact us if there are any comments or questions concerning the Championships.

Contact details

Competition Director Mikael Åberg, mikael.berg@ist.com, +46 70 362 70 71

Main sponsor Svensk Friidrott



Team partners Svensk Friidrott

