

Welcome to Gothenburg Athletics Grand Prix on August 23 - 24, 2026

Please read the athletes information below.

Meeting Hotel	Scandic Landvetter, Flygfraktvägen 6, 438 70 Härryda
Check-in	The check-in time is from 15.00 noon the day you arrive.
Late entries	May be accepted under certain circumstances. Main events: Jasper Buitink and Lovisa Lindh event@articapproach.com National events: Felix Francois felix.francois@goteborgsvarvet.se . The fee for an accepted late entry is 300 kr/event.
Cancellations	Cancellations shall be informed as soon as possible but at latest August 22 at 18:00 (06:00 PM) Main program: Jasper Buitink and Lovisa Lindh event@articapproach.com National events: Felix Francois felix.francois@goteborgsvarvet.se . <u>If you have not informed about your cancellation by August 22 at 18.00, you will have to pay a 100 euro fee.</u>
Athletes liason	Main events: Jasper Buitink and Lovisa Lindh event@articapproach.com National events: Felix Francois felix.francois@goteborgsvarvet.se
Athletes accreditation	Accreditation will be handed out at the bib pic-up and at the hotel. Accreditation gives access to the warm-up facilities, competition arena and transportation service. Please always wear it visible.
Meals	Meals are available for all athletes in the main program Lunch Saturday at Hotel: 12:00 - 14:00 Dinner Saturday at Hotel: 17:30 - 19:30 Lunch Sunday at Hotel: 12:00 - 14:00 Dinner Sunday at Hotel 17:30 - 20:00 Lunch Monday at Hotel: 12:00 - 14:00 Dinner Monday at competition venue in warm up area (take away is possible)
Training and Transportation	Training Training is available at the indoor track next to the competition venue, Friidrottens Hus. The competition venue will also be open for training, however, be advised that we are working on establishing the venue and this might limit some training possibilities. Shuttle Service for Athletes We will have shuttle service to the training facility starting on Friday, August 20. More information regarding this will be available at the hotel or contact us. Times for transport to the competition on Sunday and Monday will be available at the welcome desk at the hotel Felix Francois: felix.francois@goteborgsvarvet.se / +46 760 45 92 02 Christofer Niklasson: christofer.niklasson@goteborgsvarvet.se / +46 735 29 78 35
Massage	Athletes are welcome to use our massage service at the hotel. Booking schedule is available at the hotel, times are limited.
Check-out	The checkout time is at latest 12.00 noon on Tuesday, August 25, unless agreed upon otherwise.

Height progressions	W High jump: 170 – 175 – 178 – 181 – 184 – 187 – 190 +2cm M Pole Vault: 500 – 515 – 530 – 540 – 550 – 560 – 567 – 574 – 580 – 586 – 591 +5cm K Pole Vault: 377 – 392 – 407 – 422 – 432 – 442 – 452 – 457 +5cm
Jump-off	If it concerns the first place, a jump-off between athletes in high jump and pole vault will be conducted to declare the winner.
Heats	Heats will be presented on Easyrecord
Qualification 100mh	Qualification for the 100mh Final is 3+3(Q) and 2 fastest times (q)
Number bibs	The bibs will be handed out at the indoor track, Friidrottens Hus, on the competition day from 14:00. You must wear your bib on the front and back (except jumping events who may wear the bib only on the front or back). It is forbidden to fold away the commercial logos at the bib. You must pick up your bib at latest 60 minutes before your event starts.
Implements	Implements check-in for throws are done at latest 90 min before the start of the relevant event. The implements are handed to officials at Slottsskogsvallen under the stands in the first bend. The officials will take the implements to your event before the start. After your event, you can pick up your implements in the implements check-in. See venue map below.
Warm-up	Warm up is possible outside in park areas, or at the indoor track, Friidrottens Hus, both located next to the competition arena (Warm-up is not allowed at the competition arena before you have passed the Call room).
Call room	The Callroom procedures prior to each event are as follows: Field events: 40 min (OBS! M Pole Vault calling is 70 min before event start) Track events: 20 min See full call room schedule below
Post competition procedure	The official in charge of each event will tell you when you may leave the arena. A prize ceremony for the top three will take place at your event when the event is finished*. The winners in the main events will also move on to the interview position immediately following the end of competition while others leave the arena through mixed zone. The winners of the running events will be taken care of by officials at the finish area. Every participating athlete in the main programme will receive a competition medal after the mixed zone. *A special prize ceremony is scheduled for the 1000m, both M and W, at 19:55.
Dressing rooms	Dressing rooms with showers are available in the same building as callroom. See venue map.
Competition clothing	You must wear your club vest or sponsors vest while competing.
Spikes	The maximum length of spikes is 9mm for all events except High jump where 12mm is allowed.
Shoe rules	Maximum midsole stack height is 20mm See full list of approved shoes by WA: https://certcheck.worldathletics.org/FullList Shoes may be inspected in the Callroom
Protests	Protests are done verbally to the official in charge of each event. The official's decision can be appealed against and if so, the appeal is done in written form to the meeting office in the tower by the finish line at latest 30 min after the official's decision. The protest fee is USD 100.
Results	Results will be presented on Easyrecord
Medical care	There will be doctors and nurses present for the entire competition.

Anti-Doping	<u>Athletes must bring a valid photo identification such as Passport to the competition.</u> If you will be chosen for doping test you must be able to identify yourself.
Additional information	Please see scientific and medical information and publications relating to athletes' health. We recommend athletes and coaches to take the following course: World Athletics Safeguarding e-learning training course for elite athletes and coaches.

Time Table

Time	Track	Jumps	Throws
14:00		Mix Pole vault	
17:40	M 110mh National		
17:50	Ärevarvet	M Triple Jump	
17:55			
18:00			M Shot Put
18:05	W 100mh heats		
18:15			
18:20	M 3000m	M Pole vault	
18:30		W High Jump	
18:40	W 400m Heat 1		
18:50			W Discus
18:55	W 100mh Final		
19:05		W Triple jump	W Shot put
19:15	M 400mh		
19:20			
19:30	W 400m Heat 2		
19:40	M 1000m		
19:50	W 1000m		
20:05	M 3000m National	W/M Standing long jump	
20:25	W 1500m National		
20:40	M 800m National		

Prize Money – in Euro

Women	1st	2nd	3rd	4th	5th
100mh	500	400	300	200	100
400m	1000	600	400	300	200
1000m	3000	600	400	300	200
Triple jump	1000	600	400	300	200
High jump	1000	600	400	300	200
Discus throw	1000	600	400	300	200
Pole vault	1000	600	400	300	200
Shot put	1000	600	400	300	200
Standing long jump	1000	300	200		
Men	1st	2nd	3rd	4th	5th
1000m	3000	600	400	300	200
400mh	1000	600	400	300	200
3000m	1000	600	400	300	200
Triple jump	1000	600	400	300	200
Pole vault	500	400	300	200	100
Shot put	1000	600	400	300	200
Standing ling jump	1000	300	200		

CALL ROOM SCHEDULE Folksam GP					
Monday 08/24/2026					
Call Room opens	Call Room closes	Start	Event		Heat / Pool
17:10	17:20	17:40	110m H	M	
17:00	17:10	17:50	Triple Jump	M	
17:10	17:20	18:00	Shot Put	M	
17:35	17:45	18:05	100m H	W	Heat
17:50	18:00	18:20	3000m	M	
17:00	17:10	18:20	Pole vault	M	
17:40	17:50	18:30	High Jump	W	
18:10	18:20	18:40	400m	W	1
18:00	18:10	18:50	Discus	W	
18:25	18:35	18:55	100m H	W	Final
18:15	18:25	19:05	Triple Jump	W	
18:15	18:25	19:05	Shot Put	W	
18:45	18:55	19:15	400m H	M	
19:00	19:10	19:30	400m	W	2
19:10	19:20	19:40	1000m	M	
19:20	19:30	19:50	1000m	W	
19:35	19:45	20:05	3000m	M	
19:15	19:25	20:05	Long Jump (S)	W	
19:55	20:05	20:25	1500m	W	
20:10	20:20	20:40	800m	M	

GÖTEBORG FRIIDROT

