

Höstdemman 5 km, 2025-09-23

							2.5 km	Finish	
Damer	First name	Last name	Team name	Startnr	Bib	Final Result	Pace	Cumulati ve time	Cumulati ve time
1	Malin	Skoog	IFK Umeå	206	206	00:17:02.41	03:24 /km	00:08:24	00:17:02
2	Linnéa	Isaksson	TTGU if	205	205	00:18:00.51	03:36 /km	00:08:58	00:18:00
3	Magdalena	Nilsson	IFK Umeå skidor	239	239	00:18:18.25	03:39 /km	00:09:01	00:18:18
4	Emma	Lindqvist	Stöcke TS Järnet	198	198	00:19:58.67	04:00 /km	00:09:48	00:19:58
5	Linn	Mauritzon	Umeå Triathlon och Multisport	332	332	00:20:12.44	04:02 /km	00:10:09	00:20:12
6	Elina	Georgsson	Hörnsjö IF	231	231	00:20:18.94	04:03 /km	00:10:10	00:20:18
7	Boel	Sandström	Umeå OK	237	237	00:20:23.01	04:04 /km	00:10:21	00:20:23
8	Angelica	Andersson	IFK Umeå	225	225	00:21:10.20	04:13 /km	00:10:26	00:21:10
9	Elsa	Hultdin	IFK Umeå skidor	248	248	00:22:59.67	04:36 /km	00:11:22	00:22:59
10	Izabelle	Mikaelsson	SK Björnen	222	222	00:23:30.21	04:42 /km	00:11:07	00:23:30
11	Majken	Lindén	IFK Umeå	218	218	00:24:05.78	04:49 /km	00:11:22	00:24:05
12	Evelina	Nilsson	IFK Umeå skidor	240	240	00:25:16.79	05:03 /km	00:12:15	00:25:16
13	Hanna	Lindström	Iksu beach	213	213	00:26:20.99	05:16 /km	00:12:58	00:26:20
14	Emilie	Qwarforth	Tavelsjö	209	209	00:27:53.69	05:34 /km	00:13:27	00:27:53

Herrar	First name	Last name	Team name	Startnr	Bib	Final Result	Pace	Cumulati ve time	Cumulati ve time
1	Anders	Danielson Frost	Dala-Järna IK	245	245	00:16:04.12	03:12 /km	00:08:01	00:16:04
2	Christoffer	Juhlin	IFK Umeå	214	214	00:16:13.20	03:14 /km	00:08:08	00:16:13
3	Edvin	Olofsson		234	234	00:16:15.04	03:15 /km	00:08:08	00:16:15
4	Hampus	Björck	IFK Umeå	227	227	00:16:18.57	03:15 /km	00:08:07	00:16:18
5	Lukas	Borgemo	IFK Umeå	207	207	00:16:21.36	03:16 /km	00:08:07	00:16:21
6	Andreas	Andersson	Oskarshamn RC	200	200	00:16:23.35	03:16 /km	00:08:07	00:16:23
7	Mikkel	Knif	IFK Umeå	229	1075	00:16:27.67	03:17 /km	00:08:06	00:16:27
8	Elias	Cederlund	IFK Umeå	219	219	00:16:31.06	03:18 /km	00:08:08	00:16:31
9	Erik	Hårskog	Falu IK	195	195	00:16:40.28	03:19 /km	00:08:13	00:16:40
10	Nils	Sandström	Umeå OK	333	333	00:16:42.78	03:20 /km	00:08:09	00:16:42
11	Jean	Irakoze	IFK Umeå	203	203	00:17:02.34	03:24 /km	00:08:23	00:17:02
12	Elvin	Thorsen	Löparnas vänner if	230	230	00:17:03.39	03:24 /km	00:08:30	00:17:03
13	Andreas	Oskarsson	IFK Umeå	216	216	00:17:04.22	03:24 /km	00:08:25	00:17:04
14	Christoffer	Larsson	IFK Umeå	224	224	00:17:05.44	03:25 /km	00:08:38	00:17:05
15	Gabriel	Norin		201	201	00:17:11.58	03:26 /km	00:08:32	00:17:11
16	Erik	Westling	SkyddC IF	212	212	00:17:12.79	03:26 /km	00:08:37	00:17:12
17	Johan	Sjöquist	IF Vingarna	242	242	00:17:21.63	03:28 /km	00:08:39	00:17:21
18	Christofer	Nilsson		243	243	00:17:41.43	03:32 /km	00:08:43	00:17:41
19	Peter	Gardfjäll	IFK Umeå	244	244	00:17:44.82	03:33 /km	00:08:51	00:17:44
20	Anton	Tano	Ektjärns IF	211	211	00:17:51.48	03:34 /km	00:08:52	00:17:51
21	Rickard	Jokela	IFK Umeå	221	221	00:17:57.62	03:35 /km	00:08:54	00:17:57
22	Melwin	Kerro	Stensele	197	197	00:18:16.17	03:39 /km	00:08:52	00:18:16
23	Richard	Bindler	Vegan Runners IK	236	236	00:18:25.64	03:41 /km	00:09:00	00:18:25
24	Magnus	Hultdin	IFK Umeå skidor	247	247	00:18:36.61	03:43 /km	00:09:08	00:18:36
25	Erik	Nilsson	IFK Umeå	210	210	00:19:04.90	03:49 /km	00:09:30	00:19:04
26	Christian	Ottosson	Löpers	192	192	00:19:13.65	03:51 /km	00:09:31	00:19:13
27	Tomas	Pekkari	IFK Umeå	202	202	00:19:16.00	03:51 /km		
28	Robert	Eriksson	Jalles TC	232	1043	00:19:21.66	03:52 /km	00:09:39	00:19:21
29	Johan	Hård	Ingen	196	196	00:19:34.17	03:54 /km	00:09:48	00:19:34
30	Axel	Lindberg	IFK Umeå	220	220	00:19:35.66	03:55 /km	00:09:45	00:19:35
31	Hugo	Burén	IFK Umeå	204	204	00:19:36.63	03:55 /km	00:09:44	00:19:36
32	Daniel	Nilsson	TTGU	228	228	00:19:38.94	03:55 /km	00:09:44	00:19:38
33	Stefan	Hertil	Stöcke TS Järnet	226	226	00:20:12.05	04:02 /km	00:10:05	00:20:12
34	Ted	Markeby	IFK Umeå	223	223	00:21:20.81	04:16 /km	00:10:28	00:21:20
35	Tomas	Seco	Umeå Triathlon och Multisport	331	331	00:22:07.98	04:25 /km	00:11:07	00:22:07
36	Jakob	Sandström	IFK Umeå	217	1067	00:22:43.30	04:32 /km	00:10:23	00:22:43
37	Nils	Bindler		241	241	00:23:17.16	04:39 /km	00:11:25	00:23:17
38	Finn	Bindler		235	235	00:24:19.86	04:52 /km	00:11:25	00:24:19
39	Linus	Westberg	Umeå Triathlon och Multisport	246	246	00:24:38.33	04:55 /km	00:12:03	00:24:38
40	Leif	Sundberg	AXA SC	334	334	00:24:44.94	04:57 /km	00:12:29	00:24:44
41	Leo	Oskarsson	IFK Umeå	215	215	00:24:47.23	04:57 /km	00:11:36	00:24:47
42	Viggo	Qwarforth	Tavelsjö	208	208	00:25:36.95	05:07 /km	00:13:26	00:25:36