

Saturday 10 August

time	sprint/hurdles	high jump	longjump	shotput
13.00	Men 100m			
13.15				
13.30	Women 100mh			
13.45				
14.00		Men		
14.15				
14.30				
14.45			Women	
15.00				
15.15				
15.30				
15.45				
16.00			Men	
16.15				
16.30				
16.45	Women			
17.00				
17.15				
17.30		Men		
17.45				
18.00				
18.15		Women 200m		
18.30				
18:45		Men 400m		

Sunday 11 August

time	running	discus/javelin	long jump	polevault
10.00	Men 110mh			
10.15				
10.30				
10.45		Men		
11.00		Discus		
11.15				
11.30			Women	
11.45				
12.00				
12.15				Men
12.30				
12.45				
13.00				
13.15				
13.30				
13.45				
14.00				
14.15				
14.30				
14.45		Women		
15.00		javelin		
15.15				
15.30				
15.45		Men		
16.00	Women 800m	javelin		
16.15				
16.30				
16.45	Men 1500m			