

Welcome to Gothenburg Athletics Grand Prix on June 18th, 2023.
(Pole Vault at Linnéplatsen on June 17th)

Please read the athletes information below.

Meeting Hotel	Scandic Opalen, Engelbrektsgratan 73, 402 23, Göteborg.
Check-in	The check-in time is from 15.00 noon the day you arrive.
Late entries	May be accepted under certain circumstances. Main events: Theo Söderberg theo.soderberg@goteborgsvarvet.se +46 73 530 95 09. National events: Alexander Nilsson alexander.nilsson@goteborgfriidrott.se +46 70-581 52 41. The fee for an accepted late entry is 300 kr/event.
Cancellations	Cancellations shall be informed as soon as possible but at latest 17th of June at 18:00 Main program: Theo Söderberg theo.soderberg@goteborgsvarvet.se +46 73 530 95 09. National events: Alexander Nilsson alexander.nilsson@goteborgfriidrott.se +46 70-581 52 41. <u>If you have not informed about your cancellation by 17th of June at 18.00, you will have to pay a 100 euro fee.</u>
Athletes liason	Theo Söderberg +46 73 530 95 09, theo.soderberg@goteborgsvarvet.se
Athletes accreditation	Accreditation will be handed out when arriving to the hotel. Accreditation gives access to the warm-up facilities, competition arena and transportation service. Please always wear it visible.
Meals	Breakfast will be served between 07:00-11:00 all days. Dinner Saturday will be served at Scandic Opalen between 18:00-21:00 Lunch Sunday will be served at Scandic Opalen between 13:00-15:00 Dinner Sunday will be served at Scandic Opalen between 20:30-23:00
Training	It is possible to use our indoor track Friidrottens Hus for training between 10:00-20:00 Wednesday to Saturday and Sunday from 10.00. Book your transport in Athletes office at the hotel. On Saturday there will be a minibus for 9 persons driving between the hotel and indoor track: Transports from Scandic Opalen to Friidrottens Hus: 14.30 16.00 17.30 19.00 Transports from Friidrottens Hus to Scandic Opalen: 15.15 16.45 18.15 19.45 20.25 It is also possible to get to the indoor track with the tram number 8 (Mot Frölunda) from station <i>Scandinavium</i> to <i>Marklandsgatan</i> , which is close to the indoor track, Friidrottens Hus. The tram takes 14 minutes. On the way back you take the same tram, number 8 (Mot Angered). You will have to buy a ticket through the app " Västtrafik To Go "
Massage	Athletes are welcome to use our massage service at the indoor track, Friidrottens Hus, according to the following opening hours: Saturday 17th 15:00-20:00. Sign-ups are done here.

Transports on meet day	<p>On the day of the meet, June 18th, there will be transports in buses between the hotel and the arena.</p> <p>Departures from Scandic Opalen (outside main entrance) to Friidrottens Hus: 15:30 16:00 16:30 17:00 17:30 18:00</p> <p>Departures from Friidrottens Hus (parking lot outside the indoor arena) to Scandic Opalen: 18:30 19:00 19:30 20:00 20:30 21:00</p>
Check-out	The checkout time is at latest 12.00 noon on Monday June 19th.

Competition info

Height progressions	The height progressions for vertical jumps are presented at www.goteborggp.se
Heats	Heats will be presented at our website www.goteborggp.se and in the app <i>Roster Athletics</i> .
Qualification Hurdles	Two heats: 3 fastest athletes from each heat (Q) + 2 fastest times (q) will advance to final A. The rest will be able to run in final B.
Number bibs	The bibs will be handed out at the indoor track, Friidrottens Hus, on the competition day from 14:30. You must wear your bib on the front and back (except for Pole Vaulters and High Jumpers who may wear the bib only on the front or back). It is forbidden to fold away the commercial logos at the bib. You must pick up your bib at latest 60 minutes before your event starts.
Implements	Implements check-in for throws are done at latest 90 min before the start of the relevant event. The implements are handed to officials at Slotsskogsvallen under the stands in the first curve. The officials then take the implements to your event before the start.
Coaches	Every athlete can have maximum 1 coach accredited to enter the arena. You have to submit this form, at latest 6 pm on June 17th . Accreditation can be picked up at the hotel or in Friidrottens Hus from 2.30 pm on meet day.
Warm-up	Warm up is possible outside in park areas, or at the indoor track, Friidrottens Hus, both located next to the competition arena (Warm-up is not allowed at the competition arena before you have passed the Call room).
Call room	<p>The Call room procedures prior to each event are as follows:</p> <p>Field events: <i>report to the Call room 45 minutes before, entrance infield 40 minutes before.</i></p> <p>Track events: <i>report to the Call room 20 minutes before, entrance infield 15 minutes before</i></p> <p>The Call room is located at the indoor track, Friidrottens Hus.</p>
Post competition procedure	The official in charge of each event will tell you when you may leave the arena. The winners in the main events will move on to the interview position immediately following the end of competition while others leave the arena through mixed zone. The winners of the running events will be taken care of by officials at the finish area.
Dressing rooms	Dressing rooms with showers are available at the competition arena Slotsskogsvallen and in Friidrottens Hus.
Competition clothing	You must use your club vest or sponsors vest while competing.
Spikes	The maximum length of spikes is 7 mm for track events and 9 mm for field events.
Shoe rules	<ul style="list-style-type: none"> - In triple jump and running events of 800m or longer, the maximum height of the soles is 25 mm. - In any other event, the maximum height of the soles is 20 mm. - List of accepted shoes can be found through this link > (Manuals & Guidelines) <p>Shoes may be examined in Calling.</p>

Protests	Protests are done verbally to the official in charge of each event. The official's decision can be appealed against and if so, the protest is done in written form to the meeting office at latest 30 min after the official's decision. The protest fee is USD 100.
Results	www.goteborggp.se and the app <i>Roster Athletics</i> for live results. The app can be downloaded on App Store or Google Play for free.
Medical care	There will be doctors and nurses present for the entire competition.
Anti-Doping	<u>Athletes must bring a valid photo identification such as Passport to the competition.</u> If you will be chosen for doping test you must be able to identify yourself.

