

Welcome to Gothenburg Athletics Grand Prix on July 26th, 2025.

Please read the athletes information below.

Meeting Hotel	Best Western Plus Åby Hotel, Åby Arenaväg 8b
Check-in	The check-in time is from 15.00 noon the day you arrive.
Late entries	May be accepted under certain circumstances. Main events: Yannick Tregaro yannick@tregaro.se & Per Skoog goteborggp@perskoog.se . National events: Felix Francois felix.francois@goteborgsvarvet.se . The fee for an accepted late entry is 300 kr/event.
Cancellations	Cancellations shall be informed as soon as possible but at latest 25th of July at 18:00 Main program: Yannick Tregaro yannick@tregaro.se & Per Skoog goteborggp@perskoog.se . National events: Felix Francois felix.francois@goteborgsvarvet.se . <u>If you have not informed about your cancellation by 25th of July at 18.00, you will have to pay a 100 euro fee.</u>
Athletes liason	Main events: Yannick Tregaro yannick@tregaro.se & Per Skoog goteborggp@perskoog.se . National events: Felix Francois felix.francois@goteborgsvarvet.se
Athletes accreditation	Accreditation will be handed out at the bib pic-up. Accreditation gives access to the warm-up facilities, competition arena and transportation service. Please always wear it visible.
Meals	Friday, July 25 All meals are served at Åby Hotel. Breakfast: 06:00–10:30 Lunch: 12:00–13:30 – Meatballs with potatoes Dinner: 18:00–19:30 – Chicken fillet with rice and sauce Saturday, July 26 Breakfast: 06:00–10:30 at Åby Hotel Lunch: 12:00–14:00 at Åby Hotel – Pasta Bolognese Dinner: 17:30–19:30 at Friidrottens Hus, Floor 2 – Halloumi Stroganoff
Training and Transportation	Training is available within walking distance from the hotel, at Åbyvallen or with help of transportation at the indoor track next to the competition venue, Friidrottens Hus . No equipment will be available at Åbyvallen. Additional information will be available at the hotel. SHUTTLESERVICE FRIDAY ÅBY HOTEL - FRIIDROTTENS HUS From Åby Hotel - Friidrottens hus 09:20 (8 seats) 10:00 (8 seats) 14:00 (16 seats) From Friidrottens hus - Åby Hotel 11:20 (8 seats) 12:00 (8 seats) 17:20 (16 seats) Saturday (12:00–22:00): In addition to regular transportation, an extra shuttle bus will run between 12:30 and 16:00 from the hotel to the arena. Cars will also be operating between the hotel and the arena during the entire day. Additional information will be available at the hotel.
Massage	Athletes are welcome to use our massage service at the hotel. Booking schedule is available at the hotel, times are limited.
Check-out	The checkout time is at latest 12.00 noon on Sunday 27 th of July, unless agreed upon otherwise.

Competition info

Height progressions	<p>W High jump: 170 – 174 – 178 – 182 – 186 – 189 – 192 – 195 – 198 – 200 + 2cm</p> <p>M Pole Vault: 470 – 490 – 505 – 520 – 530 – 540 - 550 – 555 – 560 + 5cm</p> <p>K Pole Vault: 350 – 370 – 385 – 400 – 412 – 422 – 432 – 442 – 450 – 455 + 5cm</p>
Heats	Heats will be presented on Easyrecord
Qualification 100m	Four heats: The victor from each heat (Q) + 4 fastest times (q) will qualify to the A-Final. The next 8 fastest times (q) will qualify to the B-Final.
Number bibs	The bibs will be handed out at the indoor track, Friidrottens Hus, on the competition day from 14:00. You must wear your bib on the front and back (except for Jump events where the athlete may wear the bib only on the front or back). It is forbidden to fold away the commercial logos at the bib. You must pick up your bib at latest 60 minutes before your event starts.
Implements	Implements check-in for throws are done at latest 90 min before the start of the relevant event. The implements are handed to officials at Slottsskogsvallen under the stands in the first curve. The officials then take the implements to your event before the start. After your event, the officials will take your implements back to the check-in and you can gather your implements there.
Warm-up	Warm up is possible outside in park areas, or at the indoor track, Friidrottens Hus, both located next to the competition arena (Warm-up is not allowed at the competition arena before you have passed the Call room).
Call room	<p>See Callroom Schedule: https://www.friidrott.se/media/qspbnwg5/final-call-room-schedule.pdf</p> <p>The schedule can also be found below in this documents together with a venue map.</p>
Post competition procedure	The official in charge of each event will tell you when you may leave the arena. The winners in the main events will move on to the interview position immediately following the end of competition while others leave the arena through mixed zone. The winners of the running events will be taken care of by officials at the finish area.
Dressing rooms	Dressing rooms with showers are available in the same building as callroom. See venue map below.
Competition clothing	You must wear your club vest or sponsors vest while competing.
Spikes	The maximum length of spikes is 9mm for all events except High jump where 12mm is allowed.
Shoe rules	<p>Maximum midsole stack height is 20mm</p> <p>See full list of approved shoes by WA: https://certcheck.worldathletics.org/FullList</p> <p>Shoes may be inspected in the Callroom</p>
Protests	Protests are done verbally to the official in charge of each event. The official's decision can be appealed against and if so, the protest is done in written form to the meeting office at latest 30 min after the official's decision. The protest fee is USD 100.
Results	Results will be presented on Easyrecord
Medical care	There will be doctors and nurses present for the entire competition.
Anti-Doping	<u>Athletes must bring a valid photo identification such as Passport to the competition.</u> If you will be chosen for doping test you must be able to identify yourself.
Additional information	<p>Please see scientific and medical information and publications relating to athletes' health.</p> <p>We recommend athletes and coaches to take the following course: World Athletics Safeguarding e-learning training course for elite athletes and coaches.</p>

Venue Map

Folksam Grand Prix



CALL ROOM SCHEDULE Folksam GP

Saturday 7/26/2025

Call Room opens	Call Room closes	Start	Event		Heat / Pool
14:35	14:45	15:40	Triple Jump	M	
14:30	14:40	15:45	Pole Vault	M	
15:20	15:30	16:00	100m	M	1
15:25	15:35	16:05	100m	M	2
15:30	15:40	16:10	100m	M	3
15:35	15:45	16:15	100m	M	4
14:55	15:05	16:15	Discus Throw	W	
15:45	15:55	16:25	400m H National	M	
15:50	16:00	16:30	400m H A-final	M	
15:25	15:35	16:30	High Jump	W	
16:05	16:15	16:45	400m A-final	W	
16:10	16:20	16:50	400m National	M	A
15:50	16:00	16:55	Triple Jump	W	
16:15	16:25	16:55	800m National	W	
16:20	16:30	17:00	800m National	M	A
16:30	16:40	17:10	1500m National	W	
16:15	16:25	17:20	Shot Put	M	
16:40	16:50	17:20	1500m National	M	A
16:50	17:00	17:30	1500m	W	
16:55	17:05	17:35	1500m	M	
17:05	17:15	17:45	3000m Steeple	W	
16:35	16:45	17:45	Pole Vault	W	
17:15	17:25	17:55	200m	W	B
17:20	17:30	18:00	200m	W	A
17:25	17:35	18:10	100m Final	M	B
17:35	17:45	18:15	100m Final	M	A
17:45	17:55	18:25	1500m National	M	B
17:55	18:05	18:35	400m National	M	B
18:05	18:15	18:45	800m National	M	B