

# SOLLENTUNA COMBINED EVENTS CHALLENGE

**Saturday 10 to Sunday 11 august**

**Part of World Athletics Combined Events Tour - Bronze.**



The competition is organised by the Swedish Athletic Federation's Combined Events Performance Center at the arena, Sollentunavallen. The meeting is a Bronze level World Rankings Competition that starts on Saturday and finishes on Sunday.

This document includes general information about the competition – please read it carefully!

## **Hotel:**

Scandic Star Hotel. Aniaraplatsen 8, Sollentuna tel: 08-517 264 00 / 0046-8-517 264 00

You will get your room key at the reception.

The breakfast is great with bread, yoghurt, pancakes, meatballs and so on.

The hotel has a pool on the top floor, for free. You maybe need to book a timeslot to use it.

**Welcome desk:** Is located in the basement just below the reception area and will be open between 13:00 and 20:00 on Friday.

If you arrive earlier or later contact Daniel Bergin: +46 73- 626 17 33.

At the Welcome desk you will receive your accreditation, number bib, check in your personal throwing implements and get other information about the competition.

## **Meals at Scandic Star:**

These meals are only for you who have a room reservation at the hotel.

**Breakfast** is served every day from 07:00 to 10:00.

## **Wednesday 7 August**

Dinner 18:00 (pm) to 20:00 (8pm)

## **Thursday - Friday 8-9 August**

Dinner 18.00 (6 pm) to 22:00 (10 pm)

## **Saturday 10 August**

Dinner 19:00 (7 pm) to 21:00 (9 pm)

## **Sunday 11 August**

Dinner 19:00 (7 pm) to 21:00 (9 pm)

## **Transportation:**

- For everyone that has booked the accommodation package, we will provide transport to and from Arlanda Airport, with electric and hybrid cars.

Please check with the Welcome Desk that we have your correct departure details.

**Service at the hotel:**

In the hotel price the costs of meals (dinner and breakfast) and lodging are included. You must pay all other expenses when you check out from the hotel.

**Internet:** Internet is free. The name of the network is **scandiceasy**. No password is needed.

**Check out:** Latest check out time, if no other arrangement has been made with the meeting organiser, is 12.00 (12.00 noon).

## **Sollentunavallen and Sollentuna athletic hall**

**Training:** At Sollentunavallen athletics arena which is only 1 km away. Please take your accreditation with you.

Opening hours for both outdoor and indoor facility are;

Monday – Thursday 08:00-09:00 (8am-9am), 15:00 – 19:00 (3pm-7pm)

Friday 08:00-09:00 (8am-9am), 15:00-18:00 (3pm-6pm)

If you want to train on another time than above, you need to ask the organizer of the competition.

## **Competition**

**Start numbers:** One bib must be worn on the front of your competition-vest, in the pole vault you are allowed to wear the bib on the front or the back. The advertising **MUST** not be folded! If the number bibs are not worn properly, then the prize money will be withdrawn.

If you don't pick up your bib at the hotel, you must collect it at least 90 minutes before your event in the entrance area in Sollentuna Athletics Hall.

When you pick up your bib you also need to sign on the start list that you're going to participate in the competition. If something would happen after you signed, you need to inform the TIC right away.

**Sollentunavallen:** The arena is only 1km from the hotel so it is easy to walk.

**Entrances** for participants, officials and coaches are the entrance to the arena, through Sollentuna Athletics Hall (Strandvägen) or via the upper gates (Arenavägen).

**Massage:** Saturday and Sunday at Sollentunavallen

**Meals at Sollentunavallen/Sollentuna Athletic hall:** For every participant

“Fika” with example fruits, coffee etc. are available Saturday/Sunday

## **Saturday 10 August**

Lunch from 11:00 (11am) for participants at Sollentunavallen

Lunch from 11:00 (11am) coaches who paid accommodation via organizer

## **Sunday 11 August**

Lunch from 11:00 (11am) for participants

Lunch from 11:00 (11am) coaches who paid accommodation via organizer.

## **Coaches**

Every athlete is allowed to have 1 coach in the arena. The coach must wear accreditation which can be picked up from the welcome desk in the hotel on Friday or at the Sollentuna athletic halls entrance on Saturday.

**Changing rooms:** There will be changing rooms open in the Sollentuna Athletic Hall.

**Toilets:** Toilets can be found in the Athletics Hall and at the Ice hockey hall.

**Warm-up:** In the Athletics Hall. Warm-up for throws can only take place in the competition arena before that event starts and officials are in place.

## **Call Room Schedule:**

The call room is located in the indoor facility.

Saturday:    **Decathlon** call room entry: **12:30**, departure for competition area 12:40  
                  **Heptathlon** call room entry: **13:00**, departure for competition area 13:10

Sunday:       **Decathlon** call room entry: **09:30**, departure for competition area 09:40  
                  **Heptathlon** call room entry: **10:50**, departure for competition area 11:00

## **Progression vertical jumps**

High Jump Women 1.63 +/-3

High Jump Men 1.83 +/- 3

Pole vault Men 4.22 +/- 10

## **Equipment.**

Your implements can be checked in at the welcome desk at 15:00 - 19:00 on Friday. On Saturday check in of implements is only at Sollentuna athletics hall, and you must bring them (shot put, javelin and/or discus) at the latest 90 minutes before the competition starts on Saturday. No implements can be checked in after the combined events have started.

**Discus throwing**

We're throwing at the Sollentunavallen on the infield. We're going to use the wings of the throwing cage, because of safety reasons. In the World Athletics rules book you can read that you're allowed to use the wings in discus. Because of above we would like you to tell us if you're a right- or left-handed thrower when you pick up your bib.

**Retired from competition**

If you can't continue the competition, you need to inform the competition director and the TIC of you retire as soon as possible.

**Doping Control:** The EA Technical Delegate will nominate a number of competitors to undergo doping control, which will take place in a room in the athletics hall.

**Results** will appear on this [website](#)

**Prize money**

Total prize money for the event is: € 5000

1 <sup>st</sup> place	€ 1000
2 <sup>nd</sup> place	€ 600
3 <sup>rd</sup> place	€ 400
4 <sup>th</sup> place	€ 300
5 <sup>th</sup> place	€ 200

**Payment:** All payments will be made by bank transfer after the competition. We will need you to fill out a form with information like your name, home address, email, bank account, BIC number and so on, to transfer the money to your account.

**HAVE A PLEASANT STAY IN SOLLENTUNA AND GOOD LUCK IN THE COMPETITION!**



SOLLENTUNA KOMMUN



SVENSK FRIIDROTT



SVENSK MÅNGKAMP

