**SM-JSM-USM-VSM STAFETT**

**Södertälje 9-10 september 2023**

**Sträcktider dag 1**

| **M 4x800m 2023-09-09** | | | |  |
| --- | --- | --- | --- | --- |
| 1 | Hälle IF  1 - Olle Ahlberg 1:58.95 2 - Nils Bredin 1:56.47 3 - Benjamin Åberg 1:54.45 4 - Jonas Magnusson 1:52.89 |  | Hälle IF | 7:42.76 |  |  |  |  |
| 2 | Spårvägens FK  1 - Abdelfath Yassin 1:56.55 2 - Daniel Gleimar 1:57.06 3 - Walid Oussalah 1:54.38 4 - Tobias Eknor 1:55.14 |  | Spårvägens FK | 7:43.13 |  |  |  |  |
| 3 | Turebergs FK  1 - Albert Ziegler 2:02.49 2 - Kalab Alemsegek Tesfay 1:57.90 3 - Valter Kjellberg 1:59.08 4 - Habtom Asgede 1:49.88 |  | Turebergs FK | 7:49.35 |  |  |  |  |
| 4 | Hässelby SK  1 - Samuel Berhane 2:03.36 2 - Erik Djurberg 1:56.50 3 - Emil Blomberg 1:59.77 4 - Yohannes Kiflay 1:53.80 |  | Hässelby SK | 7:53.43 |  |  |  |  |
|  | | | |  |
|  | Turebergs FK  1 - David Mattiasson 50.5m 2 - Robin Isaksson 48.2m 3 - Emil Johansson 46.63 |  | Turebergs FK | 2:25.35 |  |  |  |  |
| 2 | Västerås FK  1 - Evan Laing 2 - August Kallin 3 - Mattias Waernulf 46.83 |  | Västerås FK | 2:25.55 |  |  |  |  |
| 3 | Hässelby SK  1 - Jonatan Håkansson 2 - Carl af Forselles 3 - Gustav Gahne 47.94 |  | Hässelby SK | 2:28.22 |  |  |  |  |
| 4 | Örgryte IS  1 - Albin Hagstedt 2 - Jakob Zäll 3 - Lukas Edqvist 54.60 |  | Örgryte IS | 2:35.37 |  |  |  |  |
| 5 | Huddinge AIS  1 - Emil Klockar 2 - Emil Sörqvist 3 - Joakim Hellbratt 52.22 |  | Huddinge AIS | 2:37.18 |  |  |  |  |
| 6 | Malmö AI  1 - Andreas Jönsson 2 - Elias Hedner 3 - Morgan Lindstedt 52.56 |  | Malmö AI | 2:37.56 |  |  |  |  |

| **P19 Stafett 1000m2023-09-09** | | | |  |
| --- | --- | --- | --- | --- |
| 1 | Danderyds SK  1 - Edvin Sidwall 2 - Viktor Skoglund 3 - Lucas Törnström 4 - Erik Skoglund 48.01 |  | Danderyds SK | 1:55.28 |  |  |  |  |
| 2 | Sundsvalls FI  1 - Christof Neib 2 - Henning Ehn 3 - Simon Vikström 4 - Leon Ölmerud Kjellman 48.62 |  | Sundsvalls FI | 1:57.73 |  |  |  |  |
| 3 | Malmö AI  1 - Edvin Assarsson 2 - Noah Karlberg 3 - Melvin Vala Tefre 4 - Marcus Asker 50.09 |  | Malmö AI | 1:58.19 |  |  |  |  |
| 4 | Upsala IF  1 - Leo Ericson 2 - David Axelsson 3 - Joel Ekman 4 - Josef Malsher 49.87 |  | Upsala IF | 2:01.81 |  |  |  |  |
| 5 | IFK Göteborg  1 - Nils Brakander 2 - Anthon Bokelund Singh 3 - Tristan Heno 4 - Robin Turan 50.20 |  | IFK Göteborg | 2:03.36 |  |  |  |  |
| 6 | Bromma IF  1 - Vincent Lindqvist 2 - Victor Johnson 3 - Babu Badjie 4 - Axel Strinning 51.93 |  | Bromma IF | 2:05.37 |  |  |  |  |
| **P17 Stafett 1000m Heat 12023-09-09** | | | |  |
| 1 | Turebergs FK  1 - Simon Lindström 2 - Saviola Mbugua Waithira 3 - Jakob Lennermark 4 - John Bäck 50.88 |  | Turebergs FK | 2:01.22 |  | Q |  |  |
| 2 | Malmö AI  1 - Emil Cimander 2 - Eric Segnon 3 - Ivano Bevanda 4 - Finn Grindal 52.47 |  | Malmö AI | 2:01.78 |  | q |  |  |
| 3 | Upsala IF  1 - Ishak Mekrami 2 - Jonas Gällstedt 3 - Ludvig Höglund 4 - Andreas Linder 49.60 |  | Upsala IF | 2:03.98 |  | q |  |  |
| 4 | Hammarby IF Lag 2  1 - Hannes Johansson 2 - Anton Roslund 3 - Alfred Berglind 4 - Neo Hall 50.65 |  | Hammarby IF | 2:04.15 |  | q |  |  |
| 5 | IFK Helsingborg  1 - Linus Rosén 2 - Jacob Rosberg 3 - Tim Björk Schwabe 4 - Gabriel Hanfler 53.68 |  | IFK Helsingborg | 2:06.88 |  | q |  |  |
| 6 | Sävedalens AIK  1 - Erik Borg 2 - Malte Svensson 3 - Alfred Danerud 4 - William Svensson 52.58 |  | Sävedalens AIK | 2:07.45 |  |  |  |  |
| 7 | Hammarby IF Lag 3  1 - Gabriel Öhrner 2 - Tom Emfel 3 - Anton Sallnäs 4 - Erik Alteskog 52.36 |  | Hammarby IF | 2:17.75 |  |  |  |  |

| **P17 Stafett 1000m Heat 22023-09-09** | | | |  |
| --- | --- | --- | --- | --- |
| 1 | Hammarby IF  1 - Aron Gullberg 2 - Elias Kapell 3 - Filip Herre 4 - Vilmer Karlsson 52.75 |  | Hammarby IF | 2:02.29 |  | Q |  |  |
| 2 | KA2 IF  1 - Nemo Nerg 2 - Oliver Mostert 3 - Ture Lindell 4 - Akilles Teglbjaerg 51.42 |  | KA2 IF | 2:05.52 |  | q |  |  |
| 3 | Täby IS  1 - Linus Mattsson 2 - Jacob Norsell 3 - Victor Johnsson 4 - Erik Nederheim 51.16 |  | Täby IS | 2:06.36 |  | q |  |  |
| 4 | Mölndals AIK  1 - Isak Roos 2 - Oskar Andersson 3 - Hugo Persson 4 - Karl Aderstedt Althoff 52.74 |  | Mölndals AIK | 2:07.41 |  |  |  |  |
| 5 | IFK Växjö  1 - Gustav Johansson 2 - Liam Belo Da Silva 3 - Kevin Nordin 4 - Danilo Potaliko 52.58 |  | IFK Växjö | 2:07.63 |  |  |  |  |
| 6 | Boo IF  1 - Ludwig Winnhed 2 - Teodor Klerefors 3 - Jakob Engdahl 4 - Arvid Ahlstrand 55.82 |  | Boo IF | 2:12.11 |  |  |  |  |
| **P17 Stafett 1000m Final2023-09-09** | | | |  |
| 1 | Hammarby IF  1 - Aron Gullberg 2 - Vilmer Karlsson 3 - Elias Kapell 4 - Filip Herre 48.90 |  | Hammarby IF | 1:58.22 | SB |  |  |  |
| 2 | Turebergs FK  1 - Simon Lindström 2 - Jakob Lennermark 3 - John Bäck 4 - Saviola Mbugua Waithira 48.13 |  | Turebergs FK | 2:00.93 | SB |  |  |  |
| 3 | Malmö AI  1 - Eric Segnon 2 - Emil Cimander 3 - Ivano Bevanda 4 - Finn Grindal 52.45 |  | Malmö AI | 2:01.09 | SB |  |  |  |
| 4 | KA2 IF  1 - Nemo Nerg 2 - Oliver Mostert 3 - Ture Lindell 4 - Akilles Teglbjaerg 50.58 |  | KA2 IF | 2:03.81 | SB |  |  |  |
| 5 | Upsala IF  1 - Ishak Mekrami 2 - Jonas Gällstedt 3 - Ludvig Höglund 4 - Andreas Linder 50.77 |  | Upsala IF | 2:05.42 |  |  |  |  |
| 6 | Täby IS  1 - Linus Mattsson 2 - Jacob Norsell 3 - Victor Johnsson 4 - Erik Nederheim 51.33 |  | Täby IS | 2:05.71 | SB |  |  |  |
| 7 | Hammarby IF Lag 2  1 - Hannes Johansson 2 - Anton Roslund 3 - Alfred Berglind 4 - Neo Hall 52.21 |  | Hammarby IF | 2:06.99 |  |  |  |  |
| 8 | IFK Helsingborg  1 - Linus Rosén 2 - Jacob Rosberg 3 - Tim Björk Schwabe 4 - David Eriksson 54.88 |  | IFK Helsingborg | 2:10.10 |  |  |  |  |

| **K 4x800m2023-09-09** | | | | |  | |
| --- | --- | --- | --- | --- | --- | --- |
| 1 | Hälle IF  1 - Ellen Schoug 2:18.32 2 - Hanna Strand 2:13.84 3 - Julia Svennblad 2:10.40 4 - Majken Söderlund Larsson 2:10.86 |  | Hälle IF | | 8:53.42 | |  |  | |  | |  | |
| 2 | Hässelby SK  1 - Linn Adolfsson 2:15.61 2 - Wilma Marcusson 2:17.03 3 - Hannah Kinane 2:11.78 4 - Caroline Högardh 2:11.41 |  | Hässelby SK | | 8:55.83 | |  |  | |  | |  | |
| 3 | Mölndals AIK  1 - Elin Hagelin 2:16.73 2 - Alma Svantesson 2:14.86 3 - Elsa Svantesson 2:20.83 4 - Wilma Ehrnborg 2:08.71 |  | Mölndals AIK | | 9:01.13 | |  |  | |  | |  | |
| 4 | IFK Göteborg  1 - Ebba-Stina Bjuve 2:19.95 2 - Agnes Thundal 2:20.64 3 - Madeleine Björlin-Delmar 2:11.72 4 - Saga Provci 2:09.60 |  | IFK Göteborg | | 9:01.91 | |  |  | |  | |  | |
| 5 | IF Göta Karlstad  1 - My Olsson 2:19.19 2 - Lova Perman 2:10.96 3 - Ella Laine 2:24.78 4 - Olivia Weslien 2:07.14 |  | IF Göta Karlstad | | 9:02.07 | |  |  | |  | |  | |
| 6 | Täby IS  1 - Greta Graziani 2:18.02 2 - Lovisa Linde 2:11.91 3 - Elsa Lennartsson 2:20.42 4 - Emilia Lillemo 2:13.40 |  | Täby IS | | 9:03.75 | |  |  | |  | |  | |
| - | Spårvägens FK  1 - Angelica Strandberg 2:18.88 2 - Johanna Bülow 2:14.29 3 - Josefin Heier 2:08.62 4 - Carmen Cernjul 2:08.58 |  | Spårvägens FK | | DQ  (8:50.37) | |  |  | |  | | *F:4.1.6* | |
| **K22 3x400m2023-09-09** | | | | | |  | |
| 1 | Hässelby SK  1 - Julia Håkansson 59.29 2 - Johanna Pihl 59.88 3 - Jessica Holmberg 65.90 | |  | Hässelby SK | | 3:05.07 | |  |  | |  | |  |
| 2 | Täby IS  1 - Ottilia Alvarsson 62.16 2 - Hannah Stenbeck 64.58 3 - Elsa Lennartsson 62.40 | |  | Täby IS | | 3:09.14 | |  |  | |  | |  |
| 3 | Göteborgs KIK  1 - Johanna Sjögren 64.12 2 - Anna Constantinescu 66.97 3 - Moa Kilén 71.77 | |  | Göteborgs KIK | | 3:22.86 | |  |  | |  | |  |

| **F19 Stafett 1000m2023-09-09** | | | |  |
| --- | --- | --- | --- | --- |
| 1 | IFK Växjö  1 - Amanda Lennartsson 2 - Emilia Franzén 3 - Elin Joabsson 4 - Elenie Carlsson 57.04 |  | IFK Växjö | 2:14.49 |  |  |  |  |
| 2 | Täby IS  1 - Anja Lalander 2 - Ebba Sjöström 3 - Evelina Hamos 4 - Lia Cederberg 57.38 |  | Täby IS | 2:18.68 |  |  |  |  |
| 3 | Örgryte IS  1 - Ylva Magnusson Debray 2 - Ellen Hansson 3 - Ester Mägi Theorin 4 - Elna Wester 55.63 |  | Örgryte IS | 2:18.99 |  |  |  |  |
| 4 | Turebergs FK  1 - Emilia Nielsen 2 - Alvah Lind 3 - Lina Ånstad 4 - Julia Meijer 60.14 |  | Turebergs FK | 2:22.44 |  |  |  |  |
| 5 | Malmö AI  1 - Alice Andersson 2 - Ella Wolff 3 - Amanda Rönn 4 - Emilia Mandl 58.86 |  | Malmö AI | 2:24.08 |  |  |  |  |
| 6 | Bromma IF  1 - Matilda Halfwordson 2 - Melina Lidberg 3 - Ophelia Viirman 4 - Mellanie Neudinger Nellmer 60.08 |  | Bromma IF | 2:25.25 |  |  |  |  |
| **F17 Stafett 1000m2023-09-09** | | | |  |
| 1 | Hammarby IF  1 - Maja Simonsson 2 - Ella Johansson 3 - Esther Sahlqvist 4 - Matilda Borg 55.61 |  | Hammarby IF | 2:16.90 |  |  |  |  |
| 2 | Täby IS  1 - Alice Helge 2 - Eleonora Wahlin 3 - Emilia Hermansson 4 - Amanda Cederberg 59.08 |  | Täby IS | 2:21.86 |  |  |  |  |
| 3 | Turebergs FK  1 - Annie Grindange 2 - Kajsa Cabanas Andersson 3 - Emmie Wedin 4 - Alva Back 58.71 |  | Turebergs FK | 2:22.48 |  |  |  |  |
| 4 | Sävedalens AIK  1 - Ebba Bränholm 2 - Hilda Rydén 3 - Linnea Johansson 4 - Ella Pettersson 61.03 |  | Sävedalens AIK | 2:25.14 |  |  |  |  |
| 5 | Huddinge AIS  1 - Julia Hansson 2 - Elin Hjertzell 3 - Clara Unnerud Wallhagen 4 - Lisa Bäckdén 61.52 |  | Huddinge AIS | 2:27.36 |  |  |  |  |
| 6 | Västerås FK  1 - Lilly Brusling 2 - Filippa Engström 3 - Lovisa Robson 4 - Clara Jansson 62.86 |  | Västerås FK | 2:28.11 |  |  |  |  |
| 7 | Tullinge FI  1 - Agnes Parmhed 2 - Alicia Nordmark-Niska 3 - Anastasia Rozhkova 4 - Pritha Routh 67.34 |  | Tullinge FI | 2:37.07 |  |  |  |  |
| 8 | Tullinge FI Lag 2  1 - Ida Ekstrand 2 - Mia Senaneuch 3 - Edith Grimheden 4 - Ester Jordélius 74.43 |  | Tullinge FI | 2:48.70 |  |  |  |  |

| **M50 4x400m** | | | **Se resultat och placeringar i K35** | | | | | | | | | | | | |
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| **K35 4x400m2023-09-09** | | | | |  | **K35, M50** | | | | | | | | | |
| 1 | Spårvägens FK  1 - Christian Hermelin 65.17 2 - Mårten Skogman 56.17 3 - Mattias Sunneborn 53.57 4 - Henrik Tegnér 58.63 |  | | Spårvägens FK | 3:53.54 |  |  | M50 1 |  |  |  |  |  |  |  |
| 2 | Spårvägens FK Lag 2  1 - Fredrik Björkegren 66.05 2 - Fredrik Lindgren 61.49 3 - Fredrik Nybäck 61.90 4 - Fredrik Eckerström 59.77 |  | | Spårvägens FK | 4:09.21 |  |  | M50 2 |  |  |  |  |  |  |  |
| 3 | Turebergs FK  1 - Bobbie Baars 62.21 2 - Roland Jonsson 71.89 3 - Anders Kristensson 75.79 4 - Hans Säll 61.92 |  | | Turebergs FK | 4:31.81 |  |  | M50 3 |  |  |  |  |  |  |  |
| 4 | IFK Märsta  1 - Ulrika Nyman Eriksson 79.63 2 - Karin Olovsson 78.71 3 - Carina Oderman 81.93 4 - Sofie Granholm 72.65 |  | | IFK Märsta | 5:12.82 |  |  | K35 1 |  |  |  |  |  |  |  |