

Sommarmilen 2023-07-18

						2,5 km	5 km	7,5 km	Finish	
Damer	First name	Last name	Team name	Bib	Final Result	Pace	Cumulative time	Cumulative time	Cumulative time	Cumulative time
1	Malin	Skoog	IFK Umeå	88	00:35:44	03:34 /km	00:08:42	00:17:44	00:26:45	00:35:43
2	Anna	Bjurman	IS Göta	5	00:35:45	03:34 /km	00:08:42	00:17:44	00:26:45	00:35:44
3	Evelina	Henriksson	IFK Umeå	24	00:36:04	03:36 /km	00:08:48	00:17:44	00:26:48	00:36:03
4	Ella	Högberg	IF Vingarna	16	00:37:10	03:43 /km		00:18:23	00:27:48	00:37:09
5	Sophie	Andersson		74	00:39:49	03:58 /km	00:09:40	00:19:43	00:29:45	00:39:48
6	Linn	Wennberg	Vännäsby Löparvänner	79	00:41:22	04:08 /km	00:09:58	00:20:25	00:30:59	00:41:21
7	Anna	Johansson	Stensele SK	7	00:42:11	04:13 /km	00:10:24	00:20:58	00:31:36	00:42:10
8	Susanne	Hakola	IFK Umeå	67	00:42:24	04:14 /km	00:09:58	00:20:39	00:31:32	00:42:23
9	Katarina	Rönngren	Öbacka LK	38	00:46:06	04:36 /km	00:11:17	00:22:40	00:34:20	00:46:05
10	Lina	Sjöström	IKSU Multisport	43	00:47:19	04:43 /km	00:11:32	00:23:29	00:35:33	00:47:18
11	Lotta	Svanefjord	IFK Umeå	45	00:48:21	04:49 /km	00:11:16	00:22:41	00:35:45	00:48:20
12	Eva	Henriksson	IFK Umeå	23	00:49:30	04:57 /km	00:11:49	00:24:09	00:36:45	00:49:29
13	Nemi	Grimm		51	00:51:54	05:11 /km	00:13:07	00:26:06	00:39:02	00:51:53
14	Ofelia	Arencibia	Vännäsby Löparvänner	71	00:52:06	05:12 /km	00:12:32	00:25:31	00:38:42	00:52:05
15	Monika	Bystedt	Öbacka LK	84	00:52:19	05:13 /km	00:13:16	00:26:15	00:39:13	00:52:18
16	Rebecca	Tykosson	Vännäsby Löparvänner	72	00:56:25	05:38 /km	00:13:23	00:27:26	00:41:53	00:56:24
DNF	Linnéa	Isaksson	TTGU IF	44			00:09:24	00:19:17		
DNF	Anna	Jonsson	FK Studenterna	6			00:08:49			

						2,5 km	5 km	7,5 km	Finish	
Herrar	First name	Last name	Team name	Bib	Final Result	Pace	Cumulative time	Cumulative time	Cumulative time	Cumulative time
1	Karsten	Meier	IFK Umeå	37	00:31:31	03:09 /km	00:07:40	00:15:33	00:23:32	00:31:30
2	Ludvig	Werkmäster	TTGU IF	47	00:32:36	03:15 /km	00:08:08	00:16:20	00:24:32	00:32:35
3	Rasmus	Hörnfeldt	Sockertoppen IF	62	00:32:42	03:16 /km	00:08:10	00:16:21	00:24:32	00:32:41
4	Björn	Morén	IK Akele	10	00:32:42	03:16 /km	00:08:09	00:16:20	00:24:33	00:32:41
5	Lukas	Borgemo	IFK Umeå	48	00:32:53	03:17 /km		00:16:20	00:24:35	00:32:52
6	Albert	Askengren	IFK Umeå	3	00:33:18	03:19 /km	00:08:09	00:16:21	00:24:40	00:33:17
7	Peter	Lindfors		59	00:34:08	03:24 /km	00:08:13	00:16:53	00:25:37	00:34:07
8	Adam	Lundström	Keep Up RC	2	00:34:15	03:25 /km	00:08:10	00:16:39	00:25:31	00:34:14
9	Truls	Grøstad	BDO Lillestrøm	70	00:34:21	03:25 /km	00:08:13	00:16:52	00:25:37	00:34:20
10	Jan	Karlsson	IFK Umeå	1034	00:34:31	03:27 /km	00:08:13	00:16:53	00:25:41	00:34:30
11	Ludvig	Renström	IFK Umeå	1046	00:35:21	03:31 /km	00:08:28	00:17:24	00:26:34	00:35:20
12	Sebastian	Hägglöf	Häggglunds Ski Team	78	00:35:26	03:32 /km		00:17:45	00:26:45	00:35:25
13	Martin	Gidlund	Ö-Vik	76	00:35:30	03:33 /km		00:17:45	00:26:46	00:35:29
14	Christoffer	Lundström	Umara SC	13	00:35:38	03:33 /km	00:08:49	00:17:44	00:26:45	00:35:37
15	Stefan	Dahlberg	TTGU IF	66	00:35:38	03:33 /km	00:08:48	00:17:45	00:26:46	00:35:37
16	Eric	Sondell	IF Vingarna	18	00:35:41	03:34 /km	00:08:52	00:17:48	00:26:49	00:35:40
17	Einar	Benediktsson	Valur Reykjavik	75	00:35:47	03:34 /km	00:08:35	00:17:38	00:26:46	00:35:46
18	Jesper	Andersson	Falkenbergs RR	29	00:35:52	03:35 /km	00:08:48	00:17:45	00:26:50	00:35:51
19	Niklas	Berglund	IFK Umeå	54	00:36:12	03:37 /km		00:17:44	00:26:46	00:36:11
20	Christofer	Nilsson	Lycksele LK	12	00:36:25	03:38 /km	00:08:43	00:17:45	00:26:59	00:36:24
21	Arvid	Schön	Gottsunda IF	8	00:36:47	03:40 /km	00:08:50	00:18:01	00:27:33	00:36:46
22	Nicklas	Eriksson	IFK Umeå	52	00:36:56	03:41 /km	00:08:40	00:17:45	00:27:26	00:36:55
23	Niklas	Gröning	Vegan Runners IK	55	00:36:56	03:41 /km	00:08:48	00:18:00	00:27:31	00:36:55
24	Lars	Lundberg	TTGU IF	40	00:36:57	03:41 /km	00:09:04	00:18:22	00:27:45	00:36:56
25	Fredrik	Ragnarsson	TTGU IF	25	00:37:18	03:43 /km	00:09:05	00:18:23	00:27:48	00:37:17
26	Erik	Lindgren	IFK Umeå	20	00:37:20	03:43 /km	00:09:04	00:18:23	00:27:48	00:37:19
27	Robert	Eriksson	Jalles TC	1043	00:37:29	03:45 /km	00:09:06	00:18:25	00:27:54	00:37:28
28	Oskar	Jonsson	IFK Umeå	57	00:37:36	03:45 /km	00:08:42	00:18:00	00:27:46	00:37:35
29	Daniel	Holmgren	IFK Umeå	15	00:37:48	03:46 /km	00:09:20	00:18:52	00:28:28	00:37:47
30	Josef	Carlson	TTGU IF	35	00:37:55	03:47 /km	00:09:17	00:18:50	00:28:27	00:37:54
31	Jonas	Nordin	TTGU IF	34	00:37:59	03:48 /km	00:09:12	00:18:40	00:28:24	00:37:58
32	Niclas	Jacobsson	Vännäs SK	53	00:38:05	03:48 /km	00:09:00	00:18:19	00:28:17	00:38:04
33	Erik	Sundin	Umeå	21	00:38:12	03:49 /km	00:09:28	00:19:01	00:28:44	00:38:11
34	James	Cooper	Obbola	30	00:38:14	03:49 /km	00:09:19	00:18:56	00:28:45	00:38:13
35	Olof	Lundberg	Lundberg IF	56	00:38:37	03:51 /km	00:09:27	00:18:59	00:28:57	00:38:36
36	Joel	Lindgren	TTGU IF	31	00:38:41	03:52 /km	00:09:18	00:18:50	00:28:42	00:38:40
37	Carl-Johan	Rolfhamre		11	00:38:49	03:52 /km	00:09:25	00:19:17	00:29:08	00:38:48
38	Leo	Lundberg	Lundberg IF	42	00:38:50	03:52 /km	00:09:27	00:19:18	00:29:07	00:38:49
39	Herman	Hansi Rahm	Mjuk i Steget	27	00:39:19	03:55 /km	00:09:18	00:19:04	00:29:03	00:39:18
40	Thomas	Strömsten	IFK Umeå	1051	00:39:44	03:58 /km	00:09:42	00:19:43	00:29:50	00:39:43
41	Magnus	Rölin	TTGU IF	80	00:40:30	04:03 /km	00:09:06	00:18:37	00:28:43	00:40:29
42	Lars	Skagerlind	Östhammar Friidrott	39	00:40:43	04:04 /km	00:09:46	00:19:49	00:30:07	00:40:42
43	Petter	Arvidsson	Bygma AB	85	00:40:48	04:04 /km	00:09:54	00:20:00	00:30:08	00:40:47
44	Michael	Westin	Öbacka LK	50	00:40:52	04:05 /km	00:09:53	00:20:03	00:30:23	00:40:51
45	Pär	Sundin	Runacedemy IF	60	00:41:22	04:08 /km	00:10:16	00:20:29	00:30:44	00:41:21
46	Erik	Wallin	TTGU IF	19	00:42:11	04:13 /km	00:10:24	00:20:58	00:31:35	00:42:10
47	André	Rönnkvist		77	00:42:13	04:13 /km	00:10:16	00:20:47	00:31:24	00:42:12
48	Gunnar	Hansson	Surahammars SOK	86	00:42:13	04:13 /km	00:10:07	00:20:39	00:31:22	00:42:12
49	Erik	Söderström	IKSU Multisport	22	00:42:50	04:16 /km	00:10:26	00:21:16	00:31:56	00:42:49
50	Jörgen	Högvist	IFK Umeå	1053	00:43:04	04:18 /km	00:10:20	00:21:07	00:31:59	00:43:03
51	Andreas	Back		73	00:43:37	04:21 /km	00:10:17	00:20:53	00:31:58	00:43:36

52	Pär	Schelin	Hästkärets IF	61	00:43:51	04:22 /km	00:10:19	00:20:53	00:32:15	00:43:50
53	Tomas	Lindström	IFK Umeå	90	00:44:06	04:24 /km	00:10:44	00:21:48	00:32:57	00:44:05
54	Maja	Lindström	IFK Umeå	49	00:44:31	04:27 /km	00:10:45	00:21:45	00:33:10	00:44:30
55	Alfred	Schelin	Hästkärets IF	4	00:45:04	04:30 /km	00:10:54	00:21:58	00:33:30	00:45:03
56	Bengt	Näsholm	Jalles TC	1041	00:45:04	04:30 /km	00:10:53	00:21:57	00:33:30	00:45:03
57	Sander	Edvardssen	Lofoten ULK	89	00:45:52	04:35 /km	00:11:36	00:23:12	00:34:46	00:45:51
58	Simon	Rosvall	IFK Umeå	65	00:47:12	04:43 /km	00:11:26	00:23:05	00:35:01	00:47:11
59	Per-Åke	Åke Rosvall	IFK Umeå	58	00:47:14	04:43 /km	00:11:26	00:23:04	00:35:01	00:47:13
60	Leif	Sundberg	Axa Sports Club	41	00:48:47	04:52 /km	00:12:00	00:24:12	00:36:46	00:48:46
61	Håkan	Persson	Stöcke TS Järnet	28	00:50:14	05:01 /km	00:12:26	00:24:57	00:37:38	00:50:13
62	Jonas	Lundström		33	00:51:41	05:10 /km	00:12:54	00:25:46	00:38:52	00:51:40
63	Marcus	Thonell		87	00:54:10	05:25 /km	00:13:05	00:26:28	00:40:18	00:54:09
64	Johan	Häggström		32	00:55:25	05:32 /km	00:12:29	00:26:02	00:40:46	00:55:24
65	Gunnar	Israelsson	Öbacka LK	81	00:59:44	05:58 /km	00:14:33	00:29:28	00:44:39	00:59:43
DNF	Göran	Jonsson	IFK Umeå	1110			00:08:09	00:16:30		
DNF	Daniel	Nilsson	Lycksele LK	82			00:09:23	00:19:17		
DNF	Daniel	Sandström		14			00:09:54			
DNF	Robert	Sondell	IF Vingarna	63			00:09:54	00:20:03	00:30:39	